

**BOYS FLINT METRO LEAGUE TRACK AND FIELD
STARS ALL-LEAGUE TEAM 2023**

FIRST TEAM

100 METERS: Tarick Bower, 11, Corunna
200 METERS: Tarick Bower, 11, Corunna
400 METERS: **Nickolas Shilling, 12, Brandon**
800 METERS: **Tyler Heath, 12, Clio**
1600 METERS: Elliott Sirianni, 11, Clio
3200 METERS: Nolan Pinion, 11, Lake Fenton
110 M HURDLES: Tyler Hufnagel, 12, Owosso
300 M HURDLES: Tyler Hunagel, 12, Owosso
4 X 100 RELAY: Isaac Jacobs, Wyatt Bower, **Nick Strauch**, Tarick Bower, Corunna
4 X 200 RELAY: Isaac Jacobs, Tarick Bower, **Nick Strauch**, Wyatt Bower, Corunna
4 X 400 RELAY: **Tyler Heath, Elliott Sirianni, Mason Brewer**, Michael Cook, Clio
4 X 800 RELAY: **Jaxon Strauch**, Aidan Roka, **Kenny Evans, Logan Roka**, Corunna
SHOT PUT: Xavier Anderson, 12, Corunna
DISCUS: Chase Grosch, 10, Clio,
HIGH JUMP: Gavin Valley, 10, Goodrich
POLE VAULT: Logan Durant, 12, Goodrich
LONG JUMP: Wyatt Bower, 11, Corunna

SECOND TEAM

100 METERS: Wyatt Bower, 11, Corunna
200 METERS: **Nick Strauch, 12, Corunna**
400 METERS: Carson Daniel, 11, Goodrich
800 METERS: Logan Roka, 12, Corunna
1600 METERS: Logan Roka, 12, Corunna
3200 METERS: Kenny Evans, 11, Corunna
110 M HURDLES: Jacob Ferry, 12, Goodrich
300 M HURDLES: Jacob Ferry, 12, Goodrich
4 X 100 RELAY: Maxwell Macklem, Noah Colgan, Vann Schojan, **Jacob Ferry**, Goodrich
4 X 200 RELAY: Maxwell Macklem, **Easton Phipps**, Noah Colgan, **Carson Daniel**, Goodrich
4 X 400 RELAY: Braylon Quick, Jacob Ryeson, **Josh Oswald, Nik Shilling**, Brandon
4 X 800 RELAY: **Josh Oswald, Anthony Trovato**, Jacob Hylton, **Nikolas Shilling**, Brandon
SHOT PUT: AJ Brieger, 10, Corunna
DISCUS: Alan Mrva, 10, Corunna
HIGH JUMP: Coleson Lessner, 10, Lake Fenton
POLE VAULT: **Andrew Tucker, 12, Corunna**
LONG JUMP: Antonio Burch, 11, Clio

THIRD TEAM

100 METERS: **Jacob Ferry, 12, Goodrich**
200 METERS: Andrew Bickett, 11, Brandon
400 METERS: Lucas Kuran, 10, Corunna
800 METERS: Mason Brewer, 11, Clio
1600 METERS: **Tyler Heath, 12, Clio**
3200 METERS: **Andrew Yax, 11, Clio**
110 M HURDLES: Jacob Ryeson, 12, Brandon
300 M HURDLES: Jacob Ryeson, 12, Brandon
SHOT PUT: Alan Mrva, 10, Corunna
DISCUS: Teagan Hottinger, 11, Lake Fenton
HIGH JUMP: Drew Hickmott, 11, Corunna
POLE VAULT: Max Baade, 9, Owosso
LONG JUMP: Gavin Valley, 10, Goodrich

**Athletes in Bold are Flint Metro League Scholar Athletes (3.5+)
Coach of the Year: Tom Elliott, Clio**