

**FLINT METRO LEAGUE BOYS TRACK INDIVIDUAL EVENT CHAMPIONS**

YEAR	EVENT	NAME	SCHOOL	TIME/DIST	YEAR	EVENT	NAME	SCHOOL
1969	100 Yard Dash	Cottrell Williams	Holly	10.5	1970	100 Yard Dash	Cottrell Williams	Holly
1969	220 Yard Dash	Cottrell Williams	Holly	23.9	1970	220 Yard Dash	Cottrell Williams	Holly
1969	440 Yard Dash	Claire Morton	Carman	52.9	1970	440 Yard Dash	Gordon Hopson	Holly
1969	880 Yard Dash	Dave Coleman	Holly	02:01.9	1970	880 Yard Dash	Dave Coleman	Holly
1969	Mile Run	Don Keswick	Fenton	04:35.7	1970	Mile Run	Don Keswick	Fenton
1969	2 Mile Run	Mark Evans	Fenton	12:12.2	1970	2 Mile Run	Gary Plew	Holly
1969	120 High Hurdles	Timm Striggow	Holly	15.3	1970	120 High Hurdles	Roger Downing	Holly
1969	180 Low Hurdles	Roger Downing	Holly	21	1970	180 Low Hurdles	Roger Downing	Holly
1969	880 Relay		Carman	01:34.6	1970	880 Relay		Holly
1969	Mile Relay		Holly	03:34.7	1970	Mile Relay		Holly
1969	High Jump	Larry Longstreth	Holly	6' 0"	1970	High Jump	L. M. Thomas	Holly
1969	Long Jump	Ron Weygandt	Ainsworth	20' 11.75"	1970	Long Jump	Ron Weygandt	Ainsworth
1969	Pole Vault	Bob Johnson	Lapeer	12' 3"	1970	Pole Vault	Mike Estes	Carman
1969	Shot Put	Ted Witte	Holly	52' 8.5"	1970	Shot Put	Buzz Tyler	Holly
1971	100 Yard Dash	Cottrell Williams	Holly	9.9	1972	100 Yard Dash	Willie Heller	Holly
1971	220 Yard Dash	Cottrell Williams	Holly	23.0	1972	220 Yard Dash	Willie Heller	Holly
1971	440 Yard Dash	Don Keswick	Fenton	51.6	1972	440 Yard Dash	Dave Hartley	Carman
1971	880 Yard Dash	Don Keswick	Fenton	01:59.9	1972	880 Yard Dash	Roger Gerlach	Lapeer
1971	Mile Run	Jim Burns	Sw. Creek	04:29.1	1972	Mile Run	Kevin Skidmore	Carman
1971	2 Mile Run	Gary Plew	Holly	10:05.7	1972	2 Mile Run	Mark Badgely	Sw. Creek
1971	120 High Hurdles	Dennis Beshears	Fenton	14.8	1972	120 High Hurdles	Mike Cummings	Carman
1971	180 Low Hurdles	Ronnell Landrum	Holly	20.9	1972	180 Low Hurdles	Mike Cummings	Carman
1971	880 Relay		Holly	01:33.4	1972	440 Relay		Holly
1971	Mile Relay		Holly	3:30	1972	880 Relay		Holly
1971	High Jump	Randy Henry	Sw. Creek	6' 3"	1972	Mile Relay		Lapeer
1971	Long Jump	L. M. Thomas	Holly	22' 3.25"	1972	High Jump	Tim Allen	Carman
1971	Pole Vault	Craig Thomas	Sw. Creek	12' 6"	1972	Long Jump	Craig Thomas	Sw. Creek
1971	Shot Put	Buzz Tyler	Holly	52' 11.5"	1972	Pole Vault	Craig Thomas	Sw. Creek
					1972	Shot Put	Dan Hobbins	Lapeer
1973	100 Yard Dash	Scott Hofstettler	Fenton	10.8	1974	100 Yard Dash	Todd Minnock	Fenton
1973	220 Yard Dash	Scott Hofstettler	Fenton	23.1	1974	220 Yard Dash	Brad Rainwater	Carman
1973	440 Yard Dash	Brad Rainwater	Carman	51.2	1974	440 Yard Dash	Brad Rainwater	Carman
1973	880 Yard Dash	Dave Karns	Fenton	02:03.8	1974	880 Yard Dash	Mike Helms	Sw. Creek
1973	Mile Run	Kevin Skidmore	Carman	04:41.3	1974	Mile Run	Tom Seavey	Holly
1973	2 Mile Run	Mark Badgely	Sw. Creek	10:02.5	1974	2 Mile Run	Geoff Wilson	Holly
1973	120 High Hurdles	Gary Spangler	Holly	16.7	1974	120 High Hurdles	Craig Thomas	Sw. Creek
1973	180 Low Hurdles	Dave Gould	Fenton	21.8	1974	180 Low Hurdles	Gary Spangler	Holly
1973	440 Relay		Mt. Morris	46	1974	440 Relay		Fenton
1973	880 Relay		Fenton	01:34.8	1974	880 Relay		Fenton
1973	Mile Relay		Carman	03:34.4	1974	Mile Relay		Sw. Creek
1973	High Jump	Terry Threet	Sw. Creek	5' 11"	1974	High Jump	Craig Thomas	Sw. Creek
1973	Long Jump	Ken McKay	Holly	19' 10.25"	1974	Long Jump	Mike Moses	Holly
1973	Pole Vault	Craig Thomas	Sw. Creek	12' 6"	1974	Pole Vault	Craig Thomas	Sw. Creek
1973	Shot Put	Dan Hobbins	Lapeer	49' 3.75"	1974	Shot Put	Curtis Bates	Holly
1975	100 Yard Dash	Ron Yonchow	Carman	10.6	1976	100 Yard Dash	John Lueb	Holly
1975	220 Yard Dash	Bart Richardson	Sw. Creek	23.7	1976	220 Yard Dash	John Lueb	Holly
1975	440 Yard Dash	Mike Helms	Fenton	51	1976	440 Yard Dash	Chris Brooks	Holly
1975	880 Yard Dash	Mike Helms	Fenton	01:56.5	1976	880 Yard Dash	Bob Bancroft	Fenton
1975	Mile Run	Tom Seavey	Holly	04:29.1	1976	Mile Run	Chris Gilbert	Fenton
1975	2 Mile Run	Gary Parteneau	Sw. Creek	10:02.5	1976	2 Mile Run	Gary Parteneau	Sw. Creek
1975	120 High Hurdles	Rob Cummings	Carman	14.5	1976	120 High Hurdles	Rob Cummings	Carman
1975	180 Low Hurdles	Rob Cummings	Carman	21.2	1976	180 Low Hurdles	Rob Cummings	Carman
1975	440 Relay		Sw. Creek	45.4	1976	440 Relay		Fenton
1975	880 Relay		Holly	01:33.9	1976	880 Relay		Holly
1975	Mile Relay		Sw. Creek	03:31.3	1976	Mile Relay		Holly
1975	High Jump	Tom Milne	Sw. Creek	6' 2"	1976	High Jump	Marc Kaufman	Fenton
1975	Long Jump	Mike Moses	Holly	21' 2.75"	1976	Long Jump	Marc Kaufman	Fenton
1975	Pole Vault	Tom Milne	Sw. Creek	12' 3"	1976	Pole Vault	Bill Joswiak	Sw. Creek
1975	Shot Put	Curtis Bates	Holly	52' 5"	1976	Shot Put	Rob Southwell	Sw. Creek
					1976	Discus	Steve Trecha	Sw. Creek
1977	100 Yard Dash	Lance Nicholson	Lakeville	10.48	1978	100 Yard Dash	Keith Lange	L. East
1977	220 Yard Dash	Kurt Ebert	Holly	22.8	1978	220 Yard Dash	Steve Loria	Fenton
1977	440 Yard Dash	Jeff Lewis	Holly	51.5	1978	440 Yard Dash	Jeff Lewis	Holly
1977	880 Yard Dash	Jeff Lewis	Holly	01:58.7	1978	880 Yard Dash	Jeff Lewis	Holly
1977	Mile Run	Chris Gilbert	Fenton	04:28.6	1978	Mile Run	Rob Blackwell	L. East
1977	2 Mile Run	Chris Gilbert	Fenton	09:39.1	1978	2 Mile Run	Bill Lowande	Holly

**FLINT METRO LEAGUE BOYS TRACK INDIVIDUAL EVENT CHAMPIONS**

1977	120 High Hurdles	Rob Porter	L. East	15.4	1978	120 High Hurdles	Rob Porter	L. East
1977	330 Low Hurdles	Kurt Ebert	Holly	38.4	1978	330 Low Hurdles	Steve Loria	Fenton
1977	440 Relay		LakeVille	46.04	1978	440 Relay		Holly
1977	880 Relay		LakeVille	01:33.6	1978	880 Relay		Fenton
1977	Mile Relay		Holly	03:31.0	1978	Mile Relay		Fenton
1977	High Jump	Keith Lange	L. East	6' 0"	1978	High Jump	Keith Lange	L. East
1977	Long Jump	Jim Adams	Fenton	20' 4.5"	1978	Long Jump	Steve Loria	Fenton
1977	Pole Vault	Eric Terebinski	LakeVille	13' 3"	1978	Pole Vault	Eric Terebinski	LakeVille
1977	Shot Put	Mike Stuart	Ainsworth	46' 8.5"	1978	Shot Put	Greg Hintz	Fenton
1977	Discus	Brian Mikulski	L. East	137' 11.5"	1978	Discus	Scott Hill	Holly
1979	100 Yard Dash	Jerry Buckham	Mt. Morris	10.24	1980	100 Yard Dash	Rick Brown	LakeVille
1979	220 Yard Dash	Ed Brown	LakeVille	22.54	1980	220 Yard Dash	Bill Olsen	Ainsworth
1979	440 Yard Dash	Steve Loria	Fenton	50.43	1980	440 Yard Dash	Rick Brown	LakeVille
1979	880 Yard Dash	Chuck White	L. West	01:58.3	1980	880 Yard Dash	Rick Brown	LakeVille
1979	Mile Run	Rob Blackwell	L. East	04:27.0	1980	Mile Run	Matt Stack	Holly
1979	2 Mile Run	Rob Blackwell	L. East	09:44.7	1980	2 Mile Run	Matt Stack	Holly
1979	120 High Hurdles	Rick Muncy	LakeVille	14.78	1980	120 High Hurdles	Pat DeShaw	L. West
1979	330 Low Hurdles	Steve Loria	Fenton	38.74	1980	330 Low Hurdles	Pat DeShaw	L. West
1979	440 Relay		Holly	44.95	1980	440 Relay		LakeVille
1979	880 Relay		Holly	01:32.9	1980	880 Relay		Ainsworth
1979	Mile Relay		Fenton	03:28.7	1980	Mile Relay		LakeVille
1979	High Jump	Don Hamilton	Holly	6" 2"	1980	High Jump	Greg Adams	Fenton
1979	Long Jump	Ed Brown	LakeVille	21' 2"	1980	Long Jump	Greg Adams	Fenton
1979	Pole Vault	Bret Shannon	LakeVille	14' 0"	1980	Pole Vault	Mike Martin	Mt. Morris
1979	Shot Put	Steve Taylor	Ainsworth	49' 11"	1980	Shot Put	Ted Rogers	Mt. Morris
1979	Discus	Scott Hill	Holly	152' 0"	1980	Discus	Tim Mikulski	L. East
1981	100 M Dash	Darryl Slegaines	Holly	11.5	1982	100 M Dash	Steve Gallero	Holly
1981	200 M Dash	Darryl Slegaines	Holly	23.54	1982	200 M Dash	Jim Fetherston	Ainsworth
1981	400 M Dash	Kyle Cathey	Holly	51.54	1982	400 M Dash	Jim Fetherston	Ainsworth
1981	800 M Run	Brian Smith	Holly	01:59.8	1982	800 M Run	Matt Stack	Holly
1981	1600 M Run	Matt Stack	Holly	04:25.6	1982	1600 M Run	Matt Stack	Holly
1981	3200 M Run	Kevin Wagner	L. East	09:58.2	1982	3200 M Run	Matt Stack	Holly
1981	110 High Hurdles	Greg Adams	Fenton	15.7	1982	110 High Hurdles	Jim Fetherston	Ainsworth
1981	300 Low Hurdles	Jim Fetherston	Ainsworth	39.15	1982	300 Low Hurdles	Jim Fetherston	Ainsworth
1981	400 M Relay		L. East	45.91	1982	400 M Relay		Holly
1981	800 M Relay		Ainsworth	01:32.2	1982	800 M Relay		Holly
1981	1600 M Relay		Ainsworth	03:31.5	1982	1600 M Relay		Mt. Morris
1981	High Jump	Greg Adams	Fenton	6' 2"	1982	High Jump	Jeff Loria	Fenton
1981	Long Jump	Jeff Loria	Fenton	20' 0"	1982	Long Jump	Jeff Loria	Fenton
1981	Pole Vault	Ed Lumm	Holly	12' 6"	1982	Pole Vault	Ed Lumm	Holly
1981	Shot Put	Tim Fellows	Ainsworth	51' 7"	1982	Shot Put	Tim Fellows	Ainsworth
1981	Discus	Tom Kassian	Ainsworth	150' 9"	1982	Discus	Tim Fellows	Ainsworth
1983	100 Yard Dash	Steve Gallero	Holly	10.14	1984	100 Yard Dash	Todd Powell	LakeVille
1983	220 Yard Dash	Steve Gallero	Holly	22.66	1984	220 Yard Dash	Todd Powell	LakeVille
1983	440 Yard Dash	Steve Gallero	Holly	51.62	1984	440 Yard Dash	Darren Moore	Mt. Morris
1983	880 Yard Dash	Todd Stone	Holly	2:02	1984	880 Yard Dash	Dan Lewis	Durand
1983	Mile Run	Bruce Deaver	Ainsworth	04:32.2	1984	Mile Run	Sean Kurschat	Oxford
1983	2 Mile Run	Joe Pais	Oxford	09:57.2	1984	2 Mile Run	Jeff Elmer	Holly
1983	120 High Hurdles	Bob McKay	Durand	15.37	1984	120 High Hurdles	Bob McKay	Durand
1983	330 Low Hurdles	Kevin McCain	Holly	40.6	1984	330 Low Hurdles	Paul Garza	Ainsworth
1983	440 Relay		Fenton	45.2	1984	440 Relay		Fenton
1983	880 Relay		Holly	01:33.4	1984	880 Relay		Fenton
1983	Mile Relay		Holly	03:33.2	1984	Mile Relay		LakeVille
1983	High Jump	Jeff Loria	Fenton	6' 5.625"	1984	2 Mile Relay		Oxford
1983	Long Jump	Jeff Loria	Fenton	20' 3.5"	1984	High Jump	Jim Feltz	Oxford
1983	Pole Vault	Matt Walls	Durand	13' 4"	1984	Long Jump	Pat Rolle	Oxford
1983	Shot Put	Tim Fellows	Ainsworth	57' .25"	1984	Pole Vault	Ken Warner	Durand
1983	Discus	Tim Fellows	Ainsworth	169' 7"	1984	Shot Put	Phil Wurtz	Oxford
					1984	Discus	Tim Shuttlin	Oxford
1985	100 Yard Dash	Joe Saffold	Ainsworth	10.28	1986	100 Yard Dash	Joe Saffold	Ainsworth
1985	220 Yard Dash	Joe Saffold	Ainsworth	22.78	1986	220 Yard Dash	Joe Saffold	Ainsworth
1985	440 Yard Dash	Ken Zayer	LakeVille	51.64	1986	440 Yard Dash	Bob Jacobs	Holly
1985	880 Yard Dash	Dan Lewis	Durand	2:00	1986	880 Yard Dash	Dave Balkevitch	L. East
1985	Mile Run	Lorenzo Belanga	Ainsworth	04:35.8	1986	Mile Run	Ken Osmun	Holly
1985	2 Mile Run	Dan Lewis	Durand	10:05.6	1986	2 Mile Run	Ken Osmun	Holly
1985	120 High Hurdles	Keith Simmons	Holly	15.49	1986	120 High Hurdles	Dave Elmer	Holly
1985	330 Low Hurdles	Keith Simmons	Holly	40.95	1986	330 Low Hurdles	Dave Elmer	Holly
1985	440 Relay		Holly	45.41	1986	440 Relay		Durand

## FLINT METRO LEAGUE BOYS TRACK INDIVIDUAL EVENT CHAMPIONS

1985	880 Relay		Holly	01:32.4	1986	880 Relay		Durand
1985	Mile Relay		LakeVille	03:32.4	1986	Mile Relay		Oxford
1985	2 Mile Relay		Holly	08:18.5	1986	2 Mile Relay		Holly
1985	High Jump	Jim Feltz	Oxford	6' 1"	1986	High Jump	Todd Nemecek	Durand
1985	Long Jump	Jamie Clark	Mt. Morris	20' .75"	1986	Long Jump	Craig McAllister	L. East
1985	Pole Vault	Randy West	LakeVille	12' 6"	1986	Pole Vault	Craig Piotrowski	Oxford
1985	Shot Put	Dave Hintz	Fenton	49' 2.5"	1986	Shot Put	Buddy Hubbard	Ainsworth
1985	Discus	Dave Hintz	Fenton	155' 10"	1986	Discus	Buddy Hubbard	Ainsworth
1987	100 M Dash	Dave Butterfield	L. East	11.96	1988	100 M Dash	Todd Lasco	Fenton
1987	200 M Dash	Dave Butterfield	L. East	23.84	1988	200 M Dash	Mark Lamphere	Durand
1987	400 M Dash	Bruce Bretzke	Linden	52.6	1988	400 M Dash	Tony Book	Fenton
1987	800 M Run	Steve Cassar	Holly	02:03.8	1988	800 M Run	Mike Goodfellow	Oxford
1987	1600 M Run	Steve Cassar	Holly	04:31.2	1988	1600 M Run	Mike Goodfellow	Oxford
1987	3200 M Run	Mike Goodfellow	Oxford	10:04.6	1988	3200 M Run	Mike Goodfellow	Oxford
1987	110 High Hurdles	Dave Upthegrove	LakeVille	15.86	1988	110 High Hurdles	Dave Upthegrove	LakeVille
1987	300 Low Hurdles	Brian Kernahan	Oxford	39.8	1988	300 Int. Hurdles	Brad Lambert	Fenton
1987	400 M Relay		Oxford	46.47	1988	400 M Relay		Fenton
1987	800 M Relay		Oxford	01:35.1	1988	800 M Relay		Fenton
1987	1600 M Relay		Fenton	03:32.7	1988	1600 M Relay		Fenton
1987	3200 M Relay		Holly	08:25.3	1988	3200 M Relay		Oxford
1987	High Jump	Todd Nemecek	Durand	6' 3"	1988	High Jump	Bob Beardon	L. West
1987	Long Jump	Steve Stack	Holly	20' 5.75"	1988	Long Jump	Paul Stack	Linden
1987	Pole Vault	Craig Piotrowski	Oxford	14' 1"	1988	Pole Vault	Craig Piotrowski	Oxford
1987	Shot Put	Kurt Schills	Oxford	47' 3.25"	1988	Shot Put	Kurt Schills	Oxford
1987	Discus	Kurt Schills	Oxford	130' 7"	1988	Discus	Tony Chimento	LakeVille
1989	100 M Dash	Charles Mash	Holly	10.99	1990	100 M Dash	Janeiro McIntosh	Mt. Morris
1989	200 M Dash	Charles Mash	Holly	22.68	1990	200 M Dash	Janeiro McIntosh	Mt. Morris
1989	400 M Dash	Eric Welch	Oxford	50.67	1990	400 M Dash	Eric Welch	Oxford
1989	800 M Run	Todd Johnson	Oxford	02:00.3	1990	800 M Run	Jason Deese	Linden
1989	1600 M Run	Mike Goodfellow	Oxford	04:32.7	1990	1600 M Run	Rick Durso	Holly
1989	3200 M Run	Mike Goodfellow	Oxford	09:56.8	1990	3200 M Run	Todd Hill	Holly
1989	110 High Hurdles	Bart Proper	Fenton	15.8	1990	110 High Hurdles	Ryan Seidall	LakeVille
1989	300 Int. Hurdles	Brian Schupbach	Fenton	41.58	1990	300 Int. Hurdles	Brian Schupbach	Fenton
1989	400 M Relay		Fenton	45.47	1990	400 M Relay		Durand
1989	800 M Relay		Fenton	01:34.5	1990	800 M Relay		Oxford
1989	1600 M Relay		Oxford	03:28.0	1990	1600 M Relay		Oxford
1989	3200 M Relay		Oxford	08:12.8	1990	3200 M Relay		Fenton
1989	High Jump	Charles Mash	Holly	6' 2"	1990	High Jump	Nate Philstrum	L. West
1989	Long Jump	Jeff Nichols	Fenton	20' 3"	1990	Long Jump	Jeff Nichols	Fenton
1989	Pole Vault	Steve Hall	Linden	13' 0"	1990	Pole Vault	Brian Mundy	Holly
1989	Shot Put	Ray Fritz	LakeVille	47' 4"	1990	Shot Put	Scott Gavin	LakeVille
1989	Discus	Dan Haddad	Fenton	149' 4"	1990	Discus	Chris Schuala	Oxford
1991	100 M Dash	Janeiro McIntosh	Mt. Morris	11.0	1992	100 M Dash	Ryan Buckler	Linden
1991	200 M Dash	Eric Welch	Oxford	22.3	1992	200 M Dash	Dave Berney	Oxford
1991	400 M Dash	Eric Welch	Oxford	50.8	1992	400 M Dash	Dwayne Robinson	Holly
1991	800 M Run	Jason Deese	Linden	02:03.2	1992	800 M Run	Barry Deese	Linden
1991	1600 M Run	Jason Deese	Linden	04:32.3	1992	1600 M Run	Barry Deese	Linden
1991	3200 M Run	Jason Deese	Linden	10:00.3	1992	3200 M Run	Aaron Williams	Linden
1991	110 High Hurdles	Nate Philstrum	L. West	14.6	1992	110 High Hurdles	Jason Deweese	Holly
1991	300 Int. Hurdles	Charles Kniffen	Oxford	40.3	1992	300 Int. Hurdles	Jason Deweese	Holly
1991	400 M Relay		L. West	44.3	1992	400 M Relay		L. East
1991	800 M Relay		Oxford	01:31.0	1992	800 M Relay		Oxford
1991	1600 M Relay		Oxford	03:32.4	1992	1600 M Relay		Holly
1991	3200 M Relay		Oxford	08:19.9	1992	3200 M Relay		Linden
1991	High Jump	Nate Philstrum	L. West	6' 3"	1992	High Jump	Carl Reaves	Oxford
1991	Long Jump	Janeiro McIntosh	Mt. Morris	20' 1"	1992	Long Jump	Keith Rosebush	L. East
1991	Pole Vault	Brian Mundy	Holly	13' 0"	1992	Pole Vault	Randy Huff	Linden
1991	Shot Put	Jon Supernault	L. East	51' 4.5"	1992	Shot Put	Scott Gavin	LakeVille
1991	Discus	Scott Gavin	LakeVille	144' 9"	1992	Discus	Scott Gavin	LakeVille
1993	100 M Dash	Ryan Buckler	Linden	11.23	1994	100 M Dash	Jon Hunt	L. West
1993	200 M Dash	Ryan Buckler	Linden	23.32	1994	200 M Dash	Cory Bemis	Durand
1993	400 M Dash	Damon Gutierrez	Linden	51.52	1994	400 M Dash	Cory Bemis	Durand
1993	800 M Run	Mark Goodfellow	Oxford	02:02.8	1994	800 M Run	Kevin Cassar	Holly
1993	1600 M Run	Mark Goodfellow	Oxford	04:37.2	1994	1600 M Run	Tim Tottingham	Linden
1993	3200 M Run	Mark Goodfellow	Oxford	10:06.5	1994	3200 M Run	Stan Marshall	LakeVille
1993	110 High Hurdles	Jason Deweese	Holly	14.85	1994	110 High Hurdles	Ben Curtis	LakeVille
1993	300 Int. Hurdles	Jason Deweese	Holly	40.79	1994	300 Int. Hurdles	Ben Curtis	LakeVille
1993	400 M Relay		L. East	45.34	1994	400 M Relay		LakeVille

## FLINT METRO LEAGUE BOYS TRACK INDIVIDUAL EVENT CHAMPIONS

1993	800 M Relay		Linden	01:33.6	1994	800 M Relay		LakeVille
1993	1600 M Relay		L. East	03:34.3	1994	1600 M Relay		L. West
1993	3200 M Relay		Holly	08:31.8	1994	3200 M Relay		Holly
1993	High Jump	Jason Deweese	Holly	6' 1"	1994	High Jump	Steve Noel	Mt. Morris
1993	Long Jump	Keith Rosebush	L. East	20' 1.5"	1994	Long Jump	Jack Malito	L. West
1993	Pole Vault	Bruce French	Oxford	13' 0"	1994	Pole Vault	Nate Hoard	Oxford
1993	Shot Put	Terrance Wilson	Oxford	52' 6"	1994	Shot Put	Josh Clymer	Durand
1993	Discus	Mike Luebke	L. West	136' 10"	1994	Discus	Greg Bowden	LakeVille
1995	100 M Dash	Vinnie Candela	LakeVille	10.93	1996	100 M Dash	Scott Huddleston	Oxford
1995	200 M Dash	Wes Depro	LakeVille	23.26	1996	200 M Dash	Scott Huddleston	Oxford
1995	400 M Dash	David Barden	LakeVille	51.67	1996	400 M Dash	David Barden	LakeVille
1995	800 M Run	Jared Maxwell	Holly	02:02.0	1996	800 M Run	Jared Maxwell	Holly
1995	1600 M Run	Jared Maxwell	Holly	04:35.2	1996	1600 M Run	Jared Maxwell	Holly
1995	3200 M Run	John Leroy	Oxford	09:50.6	1996	3200 M Run	John Leroy	Oxford
1995	110 High Hurdles	Nate Hoard	Oxford	15.59	1996	110 High Hurdles	Jay Rothgeb	L. East
1995	300 Int. Hurdles	Adam Hyatt	Holly	41.57	1996	300 Int. Hurdles	Floyd Conder	Fenton
1995	400 M Relay		LakeVille	44.54	1996	400 M Relay		Oxford
1995	800 M Relay		LakeVille	01:33.0	1996	800 M Relay		L. East
1995	1600 M Relay		Holly	03:34.6	1996	1600 M Relay		Holly
1995	3200 M Relay		Holly	08:23.7	1996	3200 M Relay		Holly
1995	High Jump	Joel Schroeder	L. East	6' 2"	1996	High Jump	Jason Kurzer	L. West
1995	Long Jump	Vinnie Candela	LakeVille	20' 3.5"	1996	Long Jump	Vinnie Candela	LakeVille
1995	Pole Vault	David Silver	Durand	12' 6"	1996	Pole Vault	David Silver	Durand
1995	Shot Put	Greg Bowden	LakeVille	46' 1"	1996	Shot Put	Chad Ellinger	LakeVille
1995	Discus	Joel Anderson	Durand	140' 6"	1996	Discus	Joel Anderson	Durand
1997	100 M Dash	Vinnie Candela	LakeVille	10.7	1998	100 M Dash	Josiah McHugh	L. West
1997	200 M Dash	Vinnie Candela	LakeVille	22.57	1998	200 M Dash	Nick Bectal	Oxford
1997	400 M Dash	Vinnie Candela	LakeVille	51.1	1998	400 M Dash	Darren Bohl	L. West
1997	800 M Run	John Voelpol	L. West	02:04.6	1998	800 M Run	John Voelpol	L. West
1997	1600 M Run	Richie Hicks	Holly	04:37.3	1998	1600 M Run	Jeff Bowden	Oxford
1997	3200 M Run	Richie Hicks	Holly	10:09.9	1998	3200 M Run	Kyle Korpalski	L. East
1997	110 High Hurdles	Ron Hoffman	LakeVille	15.7	1998	110 High Hurdles	Ron Hoffman	LakeVille
1997	300 Int. Hurdles	Ron Hoffman	LakeVille	42.9	1998	300 Int. Hurdles	Ron Hoffman	LakeVille
1997	400 M Relay		L. East	45.7	1998	400 M Relay		L. West
1997	800 M Relay		L. West	01:34.4	1998	800 M Relay		L. West
1997	1600 M Relay		L. West	03:35.2	1998	1600 M Relay		L. West
1997	3200 M Relay		L. West	08:33.2	1998	3200 M Relay		L. West
1997	High Jump	Eric Wilson	L. East	6' 5"	1998	High Jump	Jack Lengemann	L. West
1997	Long Jump	Vinnie Candela	LakeVille	20' 10"	1998	Long Jump	Kevin Pritchard	L. West
1997	Pole Vault	Jim Finley	Mt. Morris	12' 6"	1998	Pole Vault	Jim Finley	Mt. Morris
1997	Shot Put	Chad Ellinger	LakeVille	50' 8"	1998	Shot Put	Jason Zubrick	Mt. Morris
1997	Discus	Frank Garafalo	Mt. Morris	151' 5"	1998	Discus	Frank Garafalo	Mt. Morris
1999	100 M Dash	Jason Bannister	L. East	11.02	2000	100 M Dash	Chris Clay	L. West
1999	200 M Dash	Jason Bannister	L. East	22.2	2000	200 M Dash	Ronnie Pearson	Holly
1999	400 M Dash	Curt Dunbar	L. East	50.49	2000	400 M Dash	Darius Luke	Holly
1999	800 M Run	Kyle Korpalski	L. East	02:00.5	2000	800 M Run	Kyle Korpalski	L. East
1999	1600 M Run	Kyle Korpalski	L. East	04:37.6	2000	1600 M Run	Kyle Korpalski	L. East
1999	3200 M Run	Kyle Korpalski	L. East	10:11.9	2000	3200 M Run	Kyle Korpalski	L. East
1999	110 High Hurdles	Bob Burns	LakeVille	15.93	2000	110 High Hurdles	Bob Burns	LakeVille
1999	300 Int. Hurdles	Dan Gould	Fenton	41.53	2000	300 Int. Hurdles	Bob Burns	LakeVille
1999	400 M Relay		Fenton	44.9	2000	400 M Relay		Linden
1999	800 M Relay		L. West	01:32.6	2000	800 M Relay		Holly
1999	1600 M Relay		Fenton	03:29.6	2000	1600 M Relay		L. East
1999	3200 M Relay		L. East	08:21.0	2000	3200 M Relay		L. East
1999	High Jump	Adam June	L. East	6' 1"	2000	High Jump	Adam June	L. East
1999	Long Jump	Matt Lemere	Fenton	20' 7.5"	2000	Long Jump	Chris Daniels	Oxford
1999	Pole Vault	Jim Mendryga	LakeVille	14' 6"	2000	Pole Vault	Paul Mendryga	LakeVille
1999	Shot Put	Eric Ghiaciuc	Oxford	49' 3"	2000	Shot Put	Eric Ghiaciuc	Oxford
1999	Discus	Ben Coughlin	Linden	145' 5"	2000	Discus	Justin Green	LakeVille
2001	100 M Dash	Mike Hack	Linden	11.16	2002	100 M Dash	Mike Peck	Fenton
2001	200 M Dash	Ronnie Pearson	Holly	22.78	2002	200 M Dash	Mike Peck	Fenton
2001	400 M Dash	Darius Luke	Holly	50.9	2002	400 M Dash	Matt Regnery	Fenton
2001	800 M Run	Isaac Roberts	L. East	2:06	2002	800 M Run	Zak King	Linden
2001	1600 M Run	Donnie Richmond	Oxford	04:41.1	2002	1600 M Run	Donnie Richmond	Oxford
2001	3200 M Run	Donnie Richmond	Oxford	10:25.2	2002	3200 M Run	Donnie Richmond	Oxford
2001	110 High Hurdles	Kevin Lambert	Holly	16.1	2002	110 High Hurdles	Tim Fliam	Fenton
2001	300 Int. Hurdles	Ryan Norman	Linden	40.9	2002	300 Int. Hurdles	Rob Fiorello	Holly
2001	400 M Relay		Linden	44.06	2002	400 M Relay		Oxford

## FLINT METRO LEAGUE BOYS TRACK INDIVIDUAL EVENT CHAMPIONS

2001	800 M Relay		Linden	01:30.8	2002	800 M Relay		Linden
2001	1600 M Relay		Linden	03:35.2	2002	1600 M Relay		Fenton
2001	3200 M Relay		L. East	08:35.3	2002	3200 M Relay		Linden
2001	High Jump	Chris Starrs	Linden	5' 11"	2002	High Jump	Chris Francis	L. East
2001	Long Jump	Mike Hack	Linden	20' 4.25"	2002	Long Jump	Mike Peck	Fenton
2001	Pole Vault	Todd Owen	L. East	12' 6"	2002	Pole Vault	Neil Maxwell	L. East
2001	Shot Put	George Belitsos	Oxford	49' 8"	2002	Shot Put	George Belitsos	Oxford
2001	Discus	George Belitsos	Oxford	142' 2"	2002	Discus	George Belitsos	Oxford
2003	100 M Dash	Mike Peck	Fenton	10.7	2004	100 M Dash	Jordan Norman	Linden
2003	200 M Dash	Mike Peck	Fenton	21.9	2004	200 M Dash	Matt Maygar	Fenton
2003	400 M Dash	Ryan Norman	Linden	51.3	2004	400 M Dash	Shane Nolan	L. East
2003	800 M Run	Donnie Richmond	Oxford	01:59.6	2004	800 M Run	Donnie Richmond	Oxford
2003	1600 M Run	Donnie Richmond	Oxford	04:34.2	2004	1600 M Run	Donnie Richmond	Oxford
2003	3200 M Run	Donnie Richmond	Oxford	10:16	2004	3200 M Run	Donnie Richmond	Oxford
2003	110 High Hurdles	Rob Fiorello	Holly	14.1	2004	110 High Hurdles	Rob Fiorello	Holly
2003	300 Int. Hurdles	Rob Fiorello	Holly	38.8	2004	300 Int. Hurdles	Rob Fiorello	Holly
2003	400 M Relay		Linden	43.9	2004	400 M Relay		Linden
2003	800 M Relay		Linden	01:33.6	2004	800 M Relay		Fenton
2003	1600 M Relay		Linden	03:31.3	2004	1600 M Relay		L. East
2003	3200 M Relay		Fenton	08:23.4	2004	3200 M Relay		L. West
2003	High Jump	Jeff Krause	Linden	5' 10"	2004	High Jump	Jake Blough	Fenton
2003	Long Jump	Mike Peck	Fenton	19' 4.25"	2004	Long Jump	Jeff Krause	Linden
2003	Pole Vault	Jordan Norman	Linden	12' 0"	2004	Pole Vault	Jordan Norman	Linden
2003	Shot Put	Luis Gomez	Oxford	49' 3.75"	2004	Shot Put	Vince Belitsos	Oxford
2003	Discus	George Lord	Fenton	133' 9"	2004	Discus	Vince Belitsos	Oxford
2005	100 M Dash	Nick Collier	Oxford	11.28	2006	100 M Dash	Nick Collier	Oxford
2005	200 M Dash	Nick Collier	Oxford	22.7	2006	200 M Dash	Nick Collier	Oxford
2005	400 M Dash	Shane Nolan	L. East	50.7	2006	400 M Dash	Kevin Hawley	Clio
2005	800 M Run	Patrick Sage	Linden	02:00.6	2006	800 M Run	Patrick Sage	Linden
2005	1600 M Run	Joe DiMambro	Fenton	4:35	2006	1600 M Run	Joe DiMambro	Fenton
2005	3200 M Run	Joe DiMambro	Fenton	10:13	2006	3200 M Run	Jesse Anderson	Fenton
2005	110 High Hurdles	Adam Hyde	Brandon	15.35	2006	110 High Hurdles	Zac Warner	Linden
2005	300 Int. Hurdles	Adam Hyde	Brandon	41.29	2006	300 Int. Hurdles	Zac Warner	Linden
2005	400 M Relay		L. West	45.52	2006	400 M Relay		Oxford
2005	800 M Relay		L. East	01:33.1	2006	800 M Relay		Oxford
2005	1600 M Relay		L. East	03:27.7	2006	1600 M Relay		Fenton
2005	3200 M Relay		Fenton	08:20.9	2006	3200 M Relay		Fenton
2005	High Jump	Justen Johnson	L. West	6' 2"	2006	High Jump	Justen Johnson	L. West
2005	Long Jump	Chris Francis	L. East	21' 0.5"	2006	Long Jump	Jared Pfeiffer	Linden
2005	Pole Vault	Adam Barber	Holly	12' 6"	2006	Pole Vault	Al Morrison	Fenton
2005	Shot Put	Vince Belitsos	Oxford	53' 5.5"	2006	Shot Put	Chris Berry	Linden
2005	Discus	Kyle Worden	Brandon	145' 0"	2006	Discus	Chris Berry	Linden
2007	100 M Dash	Darius Recard	Sw. Creek	10.9	2008	100 M Dash	Darius Recard	Sw. Creek
2007	200 M Dash	Darius Recard	Sw. Creek	22.4	2008	200 M Dash	Darius Recard	Sw. Creek
2007	400 M Dash	Darius Recard	Sw. Creek	51.0	2008	400 M Dash	Darius Recard	Sw. Creek
2007	800 M Run	Alex Ralston	Fenton	02:00.3	2008	800 M Run	Evan Bancroft	Fenton
2007	1600 M Run	Joe DiMambro	Fenton	04:33.0	2008	1600 M Run	Joey Kryza	Fenton
2007	3200 M Run	Jesse Anderson	Fenton	09:53.2	2008	3200 M Run	Jesse Anderson	Fenton
2007	110 High Hurdles	Ryan Brown	Fenton	15.0	2008	110 High Hurdles	Ryan Brown	Fenton
2007	300 Int. Hurdles	David Gardner	Sw. Creek	40.3	2008	300 Int. Hurdles	Ryan Brown	Fenton
2007	400 M Relay		Brandon	44.9	2008	400 M Relay		Holly
2007	800 M Relay		Holly	1:33.5	2008	800 M Relay		Oxford
2007	1600 M Relay		Fenton	03:32.2	2008	1600 M Relay		Holly
2007	3200 M Relay		Fenton	08:28.6	2008	3200 M Relay		Fenton
2007	High Jump	David Gardner	Sw. Creek	6' 2"	2008	High Jump	Yussef Gheriani	Fenton
2007	Long Jump	Josh Williams	Brandon	22' 3"	2008	Long Jump	David Gardner	Sw. Creek
2007	Pole Vault	Randy Rusaw	Holly	12' 6"	2008	Pole Vault	Kevin Jickling	Oxford
2007	Shot Put	Patrick Briggs	Sw. Creek	51' 11"	2008	Shot Put	Mark Ryerson	Sw. Creek
2007	Discus	Patrick Briggs	Sw. Creek	153' 11"	2008	Discus	Justin Gaumer	Holly
2009	100 M Dash	Dan Gregory	Holly	11.43	2010	100 M Dash	Chris Rolle	Oxford
2009	200 M Dash	Hayden Brown	Fenton	22.71	2010	200 M Dash	Chris Rolle	Oxford
2009	400 M Dash	Brendan Lagios	Holly	49.34	2010	400 M Dash	Lee Chiatas	Linden
2009	800 M Run	Brendan Lagios	Holly	01:56.9	2010	800 M Run	Jeremy Dickie	Sw. Creek
2009	1600 M Run	Evan Bancroft	Fenton	04:28.9	2010	1600 M Run	Jeremy Dickie	Sw. Creek
2009	3200 M Run	Jeremy Dickie	Sw. Creek	09:53.0	2010	3200 M Run	Jeremy Dickie	Sw. Creek
2009	110 High Hurdles	John Hanna	L. East	15.2	2010	110 High Hurdles	Aaron Stuk	Oxford
2009	300 Int. Hurdles	Andy Lipiec	Holly	40.18	2010	300 Int. Hurdles	Aaron Yoon	Sw. Creek
2009	400 M Relay		Linden	44.93	2010	400 M Relay		Oxford

## FLINT METRO LEAGUE BOYS TRACK INDIVIDUAL EVENT CHAMPIONS

2009	800 M Relay		Fenton	01:32.8	2010	800 M Relay		Oxford
2009	1600 M Relay		Holly	03:25.6	2010	1600 M Relay		Holly
2009	3200 M Relay		Holly	08:15.7	2010	3200 M Relay		Holly
2009	High Jump	Jonathon Beeler	Holly	6' 4"	2010	High Jump	Jonathon Beeler	Holly
2009	Long Jump	John Hanna	L. East	19'11.75"	2010	Long Jump	Aaron Wascha	Sw. Creek
2009	Pole Vault	Josh Fiedor	Holly	13' 6"	2010	Pole Vault	Josh Fiedor	Holly
2009	Shot Put	Justin Gaumer	Holly	51' 9.5"	2010	Shot Put	Justin Gaumer	Holly
2009	Discus	Josh Stokes	Linden	131' 0"	2010	Discus	Justin Gaumer	Holly
2011	100 M Dash	Ted Parcher	Linden	10.95	2012	100 M Dash	Ted Parcher	Linden
2011	200 M Dash	Ted Parcher	Linden	23.13	2012	200 M Dash	Ted Parcher	Linden
2011	400 M Dash	Keon Ellison	Holly	52.08	2012	400 M Dash	Zach Huntley	Sw. Creek
2011	800 M Run	Luke Schwerin	Holly	02:04.3	2012	800 M Run	Luke Schwerin	Holly
2011	1600 M Run	Jeremy Dickie	Sw. Creek	04:29.3	2012	1600 M Run	Matt Gilbert	Fenton
2011	3200 M Run	Jeremy Dickie	Sw. Creek	10:18	2012	3200 M Run	Max Kryza	Fenton
2011	110 High Hurdles	Dallas Crandall	Holly	15.74	2012	110 High Hurdles	Zackery Whatcott	L. East
2011	300 Int. Hurdles	Dallas Crandall	Holly	41.92	2012	300 Int. Hurdles	Zackery Whatcott	L. East
2011	400 M Relay		Linden	46.82	2012	400 M Relay		Linden
2011	800 M Relay		Holly	01:35.3	2012	800 M Relay		Linden
2011	1600 M Relay		Holly	03:35.8	2012	1600 M Relay		Holly
2011	3200 M Relay		Holly	08:30.6	2012	3200 M Relay		Fenton
2011	High Jump	Kyle Fisher	Linden	5'10"	2012	High Jump	Zackery Whatcott	L. East
2011	Long Jump	T. J. Peake	Holly	19'10"	2012	Long Jump	Dante Carter	Kearsley
2011	Pole Vault	Cody Haragos	Brandon	11'6"	2012	Pole Vault	Connor O'Connell	Linden
2011	Shot Put	Travis Campbell	Sw. Creek	49' 3"	2012	Shot Put	Kevin Weiler	Sw. Creek
2011	Discus	Isaac Diener	Kearsley	139' 2"	2012	Discus	Colin Banes	Holly
2013	100 M Dash	Ted Parcher	Linden	11.07	2014	100 M Dash	Javon Barr	Holly
2013	200 M Dash	Ted Parcher	Linden	23.33	2014	200 M Dash	Javon Barr	Holly
2013	400 M Dash	Taras Thronson	Brandon	51.36	2014	400 M Dash	Shawn Stewart	Clio
2013	800 M Run	Sam Toward	Brandon	02:04.1	2014	800 M Run	Sam Toward	Brandon
2013	1600 M Run	Graham Elliott	Linden	04:31.9	2014	1600 M Run	Nate Frasier	Holly
2013	3200 M Run	Max Kryza	Fenton	09:49.6	2014	3200 M Run	Jacob Lee	Fenton
2013	110 High Hurdles	Matt Weine	Kearsley	15.27	2014	110 High Hurdles	Matt Weine	Kearsley
2013	300 Int. Hurdles	Sean Barr	Holly	41.08	2014	300 Low Hurdles	Matt Weine	Kearsley
2013	400 M Relay		Holly	44.03	2014	400 M Relay		Sw. Creek
2013	800 M Relay		Holly	01:32.6	2014	800 M Relay		Clio
2013	1600 M Relay		Holly	03:31.5	2014	1600 M Relay		Clio
2013	3200 M Relay		Brandon	08:16.5	2014	3200 M Relay		Brandon
2013	High Jump	Jackson Maxwell	Sw. Creek	6' 4"	2014	High Jump	Jackson Maxwell	Sw. Creek
2013	Long Jump	Brandon Davis	Clio	20' 0.5"	2014	Long Jump	Brett Pero	Sw. Creek
2013	Pole Vault	Jaylen Schoenfield	Sw. Creek	14' 0"	2014	Pole Vault	Justin McKenzie	Linden
2013	Shot Put	Kevin Weiler	Sw. Creek	57'10"	2014	Shot Put	Kevin Weiler	Sw. Creek
2013	Discus	Kevin Weiler	Sw. Creek	172' 6"	2014	Discus	Kevin Weiler	Sw. Creek
2015	100 M Dash	Jacob Cox	Linden	11.27	2016	100 M Dash	Jacob Cox	Linden
2015	200 M Dash	Jonathan McKay	Kearsley	23.13	2016	200 M Dash	Zach West	Fenton
2015	400 M Dash	Jonathan McKay	Kearsley	51.92	2016	400 M Dash	Jonathan McKay	Kearsley
2015	800 M Run	Colin Hooker	Brandon	2:00.10	2016	800 M Run	Dominic Dimambro	Fenton
2015	1600 M Run	Nate Frasier	Holly	4:29.89	2016	1600 M Run	Jacob Lee	Fenton
2015	3200 M Run	Jacob Lee	Fenton	9:31.39	2016	3200 M Run	Jacob Lee	Fenton
2015	110 High Hurdles	Sam Binkowski	Flushing	15.31	2016	110 High Hurdles	Jordan Crum	Flushing
2015	300 Low Hurdles	Jordan Crum	Flushing	39.92	2016	300 Low Hurdles	Jordan Crum	Flushing
2015	400 M Relay		Linden	44.21	2016	400 M Relay		Flushing
2015	800 M Relay		Kearsley	1:31.88	2016	800 M Relay		Kearsley
2015	1600 M Relay		Kearsley	3:30.17	2016	1600 M Relay		Flushing
2015	3200 M Relay		Holly	8:10.87	2016	3200 M Relay		Fenton
2015	High Jump	Absalon Johnson	Flushing	6' 0"	2016	High Jump	Drew Miller	Fenton
2015	Long Jump	Brandon Davis	Clio	20'04"	2016	Long Jump	D'Anthony Austin	Holly
2015	Pole Vault	Sebastian Behme	Clio	12' 6"	2016	Pole Vault	Sebastian Behme	Clio
2015	Shot Put	Chris Johnson	Flushing	50' 2"	2016	Shot Put	Brian Bridges	Sw. Creek
2015	Discus	Dakota Thorington	Holly	152'6"	2016	Discus	Ray Ballard	Linden
2017	100 M Dash	Zach West	Fenton	11.33	2018	100 M Dash	Aidan Harrison	Flushing
2017	200 M Dash	Zach West	Fenton	22.92	2018	200 M Dash	John Sage	Fenton
2017	400 M Dash	Zach West	Fenton	52.60	2018	400 M Dash	Ryan Mixon	Flushing
2017	800 M Run	Mike Allen	Brandon	2:01.68	2018	800 M Run	Raydoffa Braziel	Kearsley
2017	1600 M Run	Andrew Bond	Fenton	4:28.51	2018	1600 M Run	Peter Kennings	Fenton
2017	3200 M Run	Andrew Bond	Fenton	9:43.41	2018	3200 M Run	Tyler Buchanan	Linden
2017	110 High Hurdles	Bryce Chamberlain	Brandon	16.46	2018	110 High Hurdles	Leon Stocker	Flushing
2017	300 Low Hurdles	Leon Stocker	Flushing	41.77	2018	300 Low Hurdles	Leon Stocker	Flushing
2017	400 M Relay		Clio	43.97	2018	400 M Relay		Flushing

## FLINT METRO LEAGUE BOYS TRACK INDIVIDUAL EVENT CHAMPIONS

2017	800 M Relay		Flushing	1:30.18	2018	800 M Relay		Fenton
2017	1600 M Relay		Flushing	3:32.13	2018	1600 M Relay		Flushing
2017	3200 M Relay		Fenton	8:10.25	2018	3200 M Relay		Linden
2017	High Jump	Aidan Harrison	Flushing	6' 4"	2018	High Jump	Aidan Harrison	Flushing
2017	Long Jump	Nolan Tews	Brandon	21'00"	2018	Long Jump	Chanse Setzke	Fenton
2017	Pole Vault	Jordan Tuttle	Flushing	12' 0"	2018	Pole Vault	Jacob LePain	Owosso
2017	Shot Put	Brian Bridges	Sw. Creek	49'06.25"	2018	Shot Put	Brandon Varner	Sw Creek
2017	Discus	Brian Bridges	Sw. Creek	148'2"	2018	Discus	Andrew Burns	Linden
2018	100 M Dash	Brandon Miller	Fenton	11.22				
2018	200 M Dash	Brandon Miller	Fenton	22.35				
2018	400 M Dash	Noah Sage	Fenton	49.43				
2018	800 M Run	Ethan Pyeatt	Fenton	2:00.66				
2018	1600 M Run	Tyler Buchanan	Linden	4:30.15				
2018	3200 M Run	Adam Jesse	Fenton	9:55.25				
2018	110 High Hurdles	Braylon Silvas	Kearsley	16.64				
2018	300 Low Hurdles	Brandon Aboukarroum	Flushing	43.84				
2018	400 M Relay		Sw Creek	43.67				
2018	800 M Relay		Fenton	1:29.51				
2018	1600 M Relay		Fenton	3:26.86				
2018	3200 M Relay		Flushing	825.01				
2018	High Jump	Justin Miller	Fenton	6'5"				
2018	Long Jump	Braylon Silvas	Kearsley	20'07"				
2018	Pole Vault	Jacob LePain	Owosso	13' 03"				
2018	Shot Put	Justin Schlaack	Sw Creek	49'10"				
2018	Discus	Dylan Buschur	Kearsley	148'10"				

## FLINT METRO LEAGUE BOYS TRACK INDIVIDUAL EVENT CHAMPIONS

TIME/DIST
10.6
22.3
50.9
02:00.7
04:31.3
10:05
15.4
20.1
01:33.6
03:31.5
6' 1"
21' .25"
12' 0"
53' 3"
10.2
22.5
50.3
1:57
04:34.3
10:00
14.8
20.9
45.5
1:32
03:26.2
5' 11"
19' 10.25"
12' 0"
40' 5"
10.4
23
51.2
01:58.3
04:31.3
09:55.5
14.4
20.9
45.5
01:34.4
03:31.2
6' 3.5"
23' 3.5"
13' 9"
50' 7"
10.3
22.6
51.1
01:56.2
04:20.5
09:46.0
14.3
20.2
44.8
01:31.1
03:26.2
6' 2"
21' 6"
12' 6"
48' 6"
137' 11.5"
10.36
22.98
49.89
01:54.9
04:27.2
09:49.0

## FLINT METRO LEAGUE BOYS TRACK INDIVIDUAL EVENT CHAMPIONS

14.8
38.96
45.3
01:31.4
03:26.4
6' 3.125
20' 10"
13' 10"
47' 11"
147' 10"
10.2
23.36
50.69
01:59.7
04:26.6
09:47.4
14.67
39.35
45.61
01:33.8
03:30.8
6' 2"
20' 3"
13' 0"
48' 8"
134' 9"
11.3
22.1
49.7
01:59.3
04:24.4
09:51.2
14.4
37.3
44.9
01:32.2
03:31.5
6' 0"
21' 5.5"
13' 0"
57' 1.25"
162' 10"
9.88
22.93
51.04
01:59.9
04:36.5
10:17.4
14.47
39.77
44.41
01:33.5
03:32.5
08:27.8
6' 4"
19' 11.5"
12' 0"
51' 3.5"
153' 1.5"
10.26
23.3
51.4
02:03.2
04:32.8
10:07.9
15.5
40.75
46.58

## FLINT METRO LEAGUE BOYS TRACK INDIVIDUAL EVENT CHAMPIONS

1:35
03:36.5
08:31.7
6' 0"
19' 4.5"
12' 10"
50' 4"
142' 6.5"
11.26
23.03
51.92
02:02.4
04:34.0
09:50.1
14.77
39.9
44.54
01:33.3
03:30.2
08:21.5
6' 4"
19' 9"
14' 4"
51' 7"
144' 5"
11.2
23.0
49.6
01:59.2
04:37.3
09:58.6
15.0
40.7
46.1
01:32.4
03:29.1
08:07.5
6' 2"
19' .875"
13' 0"
47' 2.5"
149' 4"
11.38
23.53
51.85
02:00.2
04:25.3
10:20.1
15.33
40.28
45.85
01:34.2
03:31.3
08:18.9
6' 2"
20' 5"
13' 0"
50' .5"
160' 5.5"
11.41
22.89
50.78
02:01.0
04:30.9
10:09.1
15.11
41.0
45.22

## FLINT METRO LEAGUE BOYS TRACK INDIVIDUAL EVENT CHAMPIONS

01:38.9
03:33.0
08:20.4
6' 2"
20' 7"
13' 0"
48' 1"
138' 1"
11.11
23.53
51.84
02:04.7
04:41.5
10:15.3
15.48
40.51
45.31
01:33.8
03:36.9
08:35.9
6' 0"
20' 9.5"
13' 0"
49' 9"
153' 6"
11.2
22.91
50.95
02:02.8
04:39.7
10:19.2
15.0
40.76
45.5
01:33.3
03:32.2
08:33.3
6' 5"
19' 9.25"
13' 0"
51' 0"
149' 8.5"
11.17
23.5
50.96
02:04.7
04:40.7
10:36
15.78
41.34
44.35
01:33.1
03:30.1
08:49.3
6' 3"
19' 5"
12'
53' 2.5"
143' 7"
11.3
22.8
51.6
02:04.4
04:34.8
10:08.2
15.1
40.6
44.8

# FLINT METRO LEAGUE BOYS TRACK INDIVIDUAL EVENT CHAMPIONS

1:33
03:33.3
08:19.8
6' 0"
20' 2.75"
13' 6"
52' 10"
165' 4"
11.5
22.8
50.1
01:59.9
04:36.6
10:07.8
14.2
39.6
44.8
01:32.8
3:28
08:10.7
6' 4"
20' 8.5"
12' 6"
52' 4.25"
138' 10"
10.8
22.9
51.4
02:00.2
04:28.3
09:59.8
15.1
40.7
44.4
01:32.6
03:30.6
08:24.5
6' 2"
19' 9.5"
13' 0"
53' 1.5"
147' 0"
10.72
21.99
50.23
01:58.2
04:34.6
09:55.9
14.38
40.19
44.45
01:32.6
03:30.2
08:18.4
6' 2"
21' 7.75"
12' 0"
48' 10"
155' 8"
11.18
22.00
49.95
1:56.86
04:24.0
09:54.6
14.59
40.72
44.15

## FLINT METRO LEAGUE BOYS TRACK INDIVIDUAL EVENT CHAMPIONS

01:32.2
03:27.9
08:08.3
6'10"
21' 5.75"
15' 0"
52' 2"
173' 5"
11.03
23.03
50.90
02:00.8
04:29.5
10:00.7
15.31
40.60
43.88
01:32.2
03:32.1
08:18.1
6' 2"
19' 7.75"
13' 6"
54' 3.25"
148' 2"
11.28
23.14
50.37
2:00.81
4:31.90
9:42.58
15.32
40.55
45.15
1:32.85
3:27.19
8:04.43
6' 5"
21'11"
15' 0"
57' 5"
170' 2"
11.48
23.56
51.07
2:01.06
4:30.28
9:46.71
15.36
40.31
44.27
1:32.68
3:30.86
8:16.58
6' 0"
21'02.75"
12' 6"
48'00.75"
127'9"
11.08
22.50
50.66
2:00.19
4:26.47
9:48.01
15.61
41.31
43.12

## FLINT METRO LEAGUE BOYS TRACK INDIVIDUAL EVENT CHAMPIONS

1:29.55
3:26.80
8:12.91
6'0"
21' 03.75"
13' 03"
49' 06"
136'07"