

FLINT METRO LEAGUE CROSS COUNTRY

GIRLS INDIVIDUAL CHAMPIONS

League Meet Champion 1979 - 2009, Third Jamboree Champion 2010 - 2023

YEAR	CHAMPION	SCHOOL	TIME	COURSE
1979	Melinda Roberts	Mt. Morris	19:48 (3 miles)	Southmoor GC, Grand Blanc
1981	Rhonda Prime	Ainsworth	21:15 (5 k/3.1 mi.)	
1982	Rhonda Prime	Ainsworth	19:58	Byram Lake Park, Linden
1983	Pam Boots	Oxford	20:16.6	Byram Lake Park
1984	Pam Boots	Oxford	20:01.3	Camp Oakland
1985	Katie Conlen	Oxford	20:42.6	Southmoor GC
1986	Cheryl Leitch	Oxford	20:49.6	Oxford Hills GC
1987	Lynnette Mehlberg	Holly	20:21.6	Oxford Hills GC
1988	Laura Bell	LakeVille	19:57.6	Durand HS
1989	Laura Bell	LakeVille	20:01	Heather Highlands GC, Holly
1990	Laura Bell	LakeVille	19:20	IMA Brookwood GC
1991	Emily Kaiser	LakeVille	20:12.6	Byram Lake Park
1992	Danielle Kovach	Holly	20:19	Byram Lake Park
1993	Jackie Bucholz	Holly	20:23.5	Oxford Twp. Park
1994	Jackie Bucholz	Holly	20:16.8	Chippewa Valley C C, Bancroft
1995	Jackie Bucholz	Holly	19:18.11	Silver Lake Park, Fenton
1996	Jackie Bucholz	Holly	20:15	Springfield Oaks
1997	Becky Keller	Oxford	19:38	Covenant Hills Campground
1998	Karen LeRoy	Oxford	18:36	Rolling Hills GC
1999	Karen LeRoy	Oxford	19:10	Rolling Hills GC
2000	Rachel Gutierrez	Linden	21:06	Byram Lake Park
2001	Rachel Gutierrez	Linden	19:56	Byram Lake Park
2002	Rachel Gutierrez	Linden	19:50	Seymour Lake Park, Oxford
2003	Rachel Gutierrez	Linden	19:54	Brandon HS
2004	Hannah Stone	Lapeer East	19:45	Byram Lake Park
2005	Hannah Stone	Lapeer East	19:28.2	Springfield Oaks Park
2006	Sara Schultz	Holly	19:55.6	Torzewski Park, Lapeer
2007	Hannah Scherer	Brandon	19:53	Torzewski Park
2008	Hannah Scherer	Brandon	20:03.2	Linden Middle School
2009	Brooke Kovacic	Oxford	19:20.4	Oxford Hills GC
2010	Casey Campbell	Swartz Creek	19:56.7	Dutch Hollow GC, Durand
2011	Sydney Elmer	Linden	19:20.6	Vienna Greens GC, Clio
2012	Sydney Elmer	Linden	19:51	Brandon Twp. Park
2013	Sydney Elmer	Linden	19:12.7	Springfield Oaks Park
2014	Addie May	Flushing	18:44.78	IMA Brookwood GC
2015	Alia Frederick	Linden	18:23.2	IMA Brookwood GC
2016	Alexa Keiser	Fenton	18:54.61	Springfield Oaks Park
2017	Alexa Keiser	Fenton	18:45.8	Linden Middle School
2018	Alexa Keiser	Fenton	18:31.77	Springfield Oaks Park
2019	Alexa Keiser	Fenton	18:34.6	Springfield Oaks Park
2020	Stars Lily Evans	Corunna	18:44.2	Corunna HS
	Stripes Taylor Huntoon	Fenton	19:17.70	Corunna HS
2021	Kamryn Lauinger	Goodrich	19:09.09	Flushing Valley GC
2022	Kamryn Lauinger	Goodrich	18:45.19	Springfield Oaks Park
2023	Kamryn Lauinger	Goodrich	18:35.37	Cummings Center