

FLINT METRO LEAGUE CROSS COUNTRY

GIRLS INDIVIDUAL CHAMPIONS

League Meet Champion 1979 - 2009, Third Jamboree Champion 2010 - 2021

| YEAR | CHAMPION | SCHOOL | TIME | COURSE |
|------|------------------------|--------------|--------------------|-------------------------------|
| 1979 | Melinda Roberts | Mt. Morris | 19:48 (3 miles) | Southmoor GC, Grand Blanc |
| 1981 | Rhonda Prime | Ainsworth | 21:15 (5 k/3.1 mi. | |
| 1982 | Rhonda Prime | Ainsworth | 19:58 | Byram Lake Park, Linden |
| 1983 | Pam Boots | Oxford | 20:16.6 | Byram Lake Park |
| 1984 | Pam Boots | Oxford | 20:01.3 | Camp Oakland |
| 1985 | Katie Conlen | Oxford | 20:42.6 | Southmoor GC |
| 1986 | Cheryl Leitch | Oxford | 20:49.6 | Oxford Hills GC |
| 1987 | Lynnette Mehlberg | Holly | 20:21.6 | Oxford Hills GC |
| 1988 | Laura Bell | LakeVille | 19:57.6 | Durand HS |
| 1989 | Laura Bell | LakeVille | 20:01 | Heather Highlands GC, Holly |
| 1990 | Laura Bell | LakeVille | 19:20 | IMA Brookwood GC |
| 1991 | Emily Kaiser | LakeVille | 20:12.6 | Byram Lake Park |
| 1992 | Danielle Kovach | Holly | 20:19 | Byram Lake Park |
| 1993 | Jackie Bucholz | Holly | 20:23.5 | Oxford Twp. Park |
| 1994 | Jackie Bucholz | Holly | 20:16.8 | Chippewa Valley C C, Bancroft |
| 1995 | Jackie Bucholz | Holly | 19:18.11 | Silver Lake Park, Fenton |
| 1996 | Jackie Bucholz | Holly | 20:15 | Springfield Oaks |
| 1997 | Becky Keller | Oxford | 19:38 | Covenant Hills Campground |
| 1998 | Karen LeRoy | Oxford | 18:36 | Rolling Hills GC |
| 1999 | Karen LeRoy | Oxford | 19:10 | Rolling Hills GC |
| 2000 | Rachel Gutierrez | Linden | 21:06 | Byram Lake Park |
| 2001 | Rachel Gutierrez | Linden | 19:56 | Byram Lake Park |
| 2002 | Rachel Gutierrez | Linden | 19:50 | Seymour Lake Park, Oxford |
| 2003 | Rachel Gutierrez | Linden | 19:54 | Brandon HS |
| 2004 | Hannah Stone | Lapeer East | 19:45 | Byram Lake Park |
| 2005 | Hannah Stone | Lapeer East | 19:28.2 | Springfield Oaks Park |
| 2006 | Sara Schultz | Holly | 19:55.6 | Torzewski Park, Lapeer |
| 2007 | Hannah Scherer | Brandon | 19:53 | Torzewski Park |
| 2008 | Hannah Scherer | Brandon | 20:03.2 | Linden Middle School |
| 2009 | Brooke Kovacic | Oxford | 19:20.4 | Oxford Hills GC |
| 2010 | Casey Campbell | Swartz Creek | 19:56.7 | Dutch Hollow GC, Durand |
| 2011 | Sydney Elmer | Linden | 19:20.6 | Vienna Greens GC, Clio |
| 2012 | Sydney Elmer | Linden | 19:51 | Brandon Twp. Park |
| 2013 | Sydney Elmer | Linden | 19:12.7 | Springfield Oaks Park |
| 2014 | Addie May | Flushing | 18:44.78 | IMA Brookwood GC |
| 2015 | Alia Frederick | Linden | 18:23.2 | IMA Brookwood GC |
| 2016 | Alexa Keiser | Fenton | 18:54.61 | Springfield Oaks Park |
| 2017 | Alexa Keiser | Fenton | 18:45.8 | Linden Middle School |
| 2018 | Alexa Keiser | Fenton | 18:31.77 | Springfield Oaks Park |
| 2019 | Alexa Keiser | Fenton | 18:34.6 | Springfield Oaks Park |
| 2020 | Stars Lily Evans | Corunna | 18:44.2 | Corunna HS |
| | Stripes Taylor Huntoon | Fenton | 19:17.70 | Corunna HS |
| 2021 | Kamryn Lauinger | Goodrich | 19:09.09 | Flushing Valley GC |