

# **FLINT METRO LEAGUE BOYS AND GIRLS LACROSSE**

## **By-Laws**

Effective November 1, 2019

1. Each team in the league will play a home and away game with each league opponent. The administrator in charge of lacrosse will distribute the league schedule.
2. Each school is responsible for providing to the official's assignor their home schedule, including date, time, location, and opponent. Any changes or cancellations from that schedule are the responsibility of the home team.
3. The League Lacrosse All-League Selection Meeting will be held at a time and place to be determined by the athletic director in charge.
4. ALL-LEAGUE SELECTION PROCEDURES

Allocation of players for All-Conference team/medalist awards will be as follows:

- a. First Team:
  - i. 1 Goalie
  - ii. 4 Defensemen
  - iii. 8 Midfielders and/or Attackers
- b. Only League Statistics will be used for All League Selections
- c. Each coach will nominate one player, the team's best by position group, and discuss their candidate. The group will then decide from the list who the best player is.
- d. As a player is voted on to the All League List the coach may replace that candidate on the board with a new candidate. Again, the coach will be allowed to discuss the player added.

## 5. AWARDS

- Conference Champion decided by record within Conference.
- Conference Championship will be determined by win/loss record in Conference play.
- One point for a win and no points for a loss.

6. Miscellaneous

- Two officials for all Varsity girls' contests and three officials for all Varsity boys' contests.
- All games will be played on gender specific or unified field markings.
- All games will follow MHSAA Lacrosse Overtime Guidelines.  
Varsity only will have a 4-minute overtime as required.

7. Flint Metro League will follow all the MHSAA Rules.

8. By-law changes can be initiated at the coaches meeting where a quorum is present. All proposals must be in writing and be supported by a roll call vote of those in attendance. No proxy votes will be accepted. The sport commissioner will be responsible for communicating the status of any pending proposals to the coaches.