

FLINT METRO LEAGUE WRESTLING
BY-LAWS
Effective June 2022

1. Flint Metro League Division schools shall wrestle each school only once.
2. Date and location of the League meet shall be determined each year.
3. Shoulder to shoulder weigh-ins will be conducted for all league contests
4. Junior varsity matches will run on the basis of 1 - 2 minute period and 2 - 1 minute periods (2-1-1).
5. Weigh-in for League wrestling meets is mandatory.
6. Length of varsity wrestling match – 3 two-minute periods.
7. All junior varsity wrestlers must weigh in and be matched by the coaches.
8. Dual meets will be awarded points toward League championships.
9. League Meet: Seed meeting will be held within 24 hours of the League Tournament at the host school. Teams are allowed to double-enter at weight classes with a maximum of 14 wrestlers entered. If no wrestler is entered in a weight class by a school it shall be scored as a forfeit and not as a void. Subsequently, a void for that specific school will be placed on the appropriate line of bracket and the competing school in each match throughout the tournament will receive pin points as appropriate. Forfeits shall be evenly distributed throughout the tournament when possible. Mirror points are no longer necessary with this change, and byes will no longer receive mirror points.

If a wrestler does not make weight it is a forfeit for the tournament. There will be no substitution and his spot will remain a forfeit, points will be given to the wrestler that is receiving the forfeit.

Seeding will be in the following manner:

1. Head-to-head anytime during the current season. The most recent match takes precedence if still tied.
2. State placer/qualifier. Up to two years.
3. Record against common opponent(s).
4. Record in the league at that weight.
5. Record during the regular season.
6. Returning Metro League champion in the same weight class.
7. Returning Metro League champion in a different weight class.
8. Coaches vote with overall record considered.

We will seed all wrestlers with a winning (varsity) record above .500, regardless of what they have done in the season.

10. Gold, silver, and bronze medals will be awarded to the first three places of each weight class at the League meet. Honorable Mention will be awarded to the 4th place wrestler.
11. All league dual meets must be made up before the league meet.
12. The Flint Metro League for wrestling has one division. The League Champion is determined by dual score and League Tournament Score. The League Title will be determined with scoring 22 points (1st Place) down to 0 points (Last Place) at 2 point increments for duals and the FML Championship finish. Ties in either category will share the points allocated. For the Flint Metro League Tournament, a 16 wrestler bracket will be used and the top 4 Seeds from each weight class will receive a "BYE". Voids, Forfeits and Byes do not count as matches for the day. Points for Voids and Forfeits will be assigned as indicated in Paragraph 9 of the FML Wrestling By-Laws.