

FLINT METRO LEAGUE GIRLS TRACK INDIVIDUAL EVENT CHAMPIONS

YEAR	EVENT	NAME	SCHOOL	TIME/DIST	YEAR	EVENT
1969	70 Yard Dash	Nancy Josef	Sw. Creek	9.3	1970	50 Yard Dash
1969	100 Yard Dash	Andrea Gouthier	Carman	12.2	1970	100 Yard Dash
1969	220 Yard Dash	Andrea Gouthier	Carman	27.2	1970	220 Yard Dash
1969	70 Yard Hurdles	Glenda Lowell	Sw. Creek	10.3	1970	440 Yard Dash
1969	300 Yard Relay	Linda Blissett, Martha Ruckel, Barb Gould, Carol Frederickson	Fenton	37.2	1970	80 Yard Hurdles
1969	440 Yard Relay	Debbie Arnott, Carol Schultz, Sue Josef, Nancy Josef	Sw. Creek	54.5	1970	440 Yard Relay
1969	Softball Throw	Gail Leibengood	Sw. Creek	176' 1.5"	1970	880 Medley Relay
1969	High Jump	Janet Finout	Fenton	4' 9"	1970	Softball Throw
1969	Running Long Jump	Sue Long	Ainsworth	15' 11.75"	1970	High Jump
1969	Standing Long Jump	Nancy Josef	Sw. Creek	8' 8.5"	1970	Running Long Jump
1969	Shot Put	Marilyn Scarbrough	Sw. Creek	30' 10.25"	1970	Standing Long Jump
					1970	Shot Put
1971	50 Yard Dash	Nancy Josef	Sw. Creek	6.3	1972	100 Yard Dash
1971	100 Yard Dash	Nancy Josef	Sw. Creek	11.8	1972	220 Yard Dash
1971	220 Yard Dash	Debbie Minock	Fenton	28.5	1972	440 Yard Dash
1971	440 Yard Dash	Pam Ambler	Fenton	01:01.6	1972	880 Yard Run
1971	80 Yard Hurdles	Glenda Lowell	Sw. Creek	12.0	1972	80 Yard Hurdles
1971	440 Yard Relay	Heather McGeosch, Karen Ward, Glenda Lowel, Nancy Josef	Sw. Creek	52.7	1972	440 Yard Relay
1971	880 Medley Relay	Sheila Thomas, Sandy Hoskins, Pam Ambler, Debbie Minock	Fenton	02:01.4	1972	880 Medley Relay
1971	Softball Throw	Kathy Schetler	Sw. Creek	192' 11"	1972	Softball Throw
1971	High Jump	Jan Aldrich	Fenton	4' 8"	1972	High Jump
1971	Running Long Jump	Jeannie Wunderlich	Carman	16' 3.5"	1972	Running Long Jump
1971	Standing Long Jump	Nancy Josef	Sw. Creek	8' .25"	1972	Standing Long Jump
1971	Shot Put	Sue Fetzer	Carman	29' 3"	1972	Shot Put
1973	100 Yard Dash	Heather McGeosch	Sw. Creek	12.1	1974	100 Yard Dash
1973	220 Yard Dash	Debbie Minock	Fenton	26.9	1974	220 Yard Dash
1973	440 Yard Dash	Cindy McQuigg	Fenton	01:03.4	1974	440 Yard Dash
1973	880 Yard Run	Vickie Gilbert	Fenton	02:35.8	1974	880 Yard Run
1973	Mile Run	Eileen Beatty	Ainsworth	06:11.4	1974	Mile Run
1973	80 Yard Hurdles	Wanda Anderson	Fenton	12.0	1974	80 Yard Hurdles
1973	440 Yard Relay	Deana Moore, Julie Perez, Nancy Caris, Robin Pruitt	Carman	53.8	1974	440 Yard Relay
1973	880 Medley Relay	Linda Flynn, Krista Waite, Michele Weiss, Debbie Minock	Fenton	01:54.9	1974	880 Medley Relay
1973	High Jump	Joy Rix	Fenton	4' 11"	1974	High Jump
1973	Long Jump	Sheryl Wallace	Ainsworth	16' 8.75"	1974	Long Jump
1973	Shot Put	Sharon Cottrell	Fenton	31' 6"	1974	Shot Put
1975	100 Yard Dash	Ramona Wirostek	Carman	11.6	1976	100 Yard Dash
1975	220 Yard Dash	Ramona Wirostek	Carman	26.2	1976	220 Yard Dash
1975	440 Yard Dash	Cindy McQuigg	Fenton	01:01.7	1976	440 Yard Dash
1975	880 Yard Run	Laura Borrer	Ainsworth	02:25.7	1976	880 Yard Run
1975	Mile Run	Julie Roberts	Fenton	05:47.4	1976	Mile Run
1975	2 Mile Run	Carolyn Johnson	Fenton	13:09.5	1976	2 Mile Run
1975	110 Yard Hurdles	Linda Rudland	Carman	15.8	1976	110 Yard Hurdles
1975	440 Yard Relay	Katie Anderson, Margaret Aldrich, Michelle Henderson, Marie Pushman	Fenton	51.6	1976	440 Yard Relay
1975	880 Yard Relay	Nancy Bowles, Robin Pruitt, Deana Moore, Ramona Wirostek	Carman	01:47.9	1976	880 Yard Relay
1975	Mile Relay	Sue Ambler, Ruth VanSeggern, Julie Roberts, Cindy McQuigg	Fenton	04:17.1	1976	Mile Relay
1975	High Jump	Ramona Wirostek	Carman	5' 2"	1976	High Jump
1975	Long Jump	Robin Pruitt	Carman	16' 7"	1976	Long Jump
1975	Shot Put	Jackie Martin	Fenton	35' 4.5"	1976	Shot Put

FLINT METRO LEAGUE GIRLS TRACK INDIVIDUAL EVENT CHAMPIONS

					1976	Discus
1977	100 Yard Dash	Marie Pushman	Fenton	11.6	1978	100 Yard Dash
1977	220 Yard Dash	Marie Pushman	Fenton	26.5	1978	220 Yard Dash
1977	440 Yard Dash	Katie Anderson	Fenton	01:00.5	1978	440 Yard Dash
1977	880 Yard Run	Katie Anderson	Fenton	02:29.3	1978	880 Yard Run
1977	Mile Run	Celeste Schroeder	LakeVille	05:31.4	1978	Mile Run
1977	2 Mile Run	Melinda Roberts	Mt. Morris	12:04.7	1978	2 Mile Run
1977	110 Yard Hurdles	Sue Bradley	Mt. Morris	15.03	1978	110 Yard Hurdles
1977	440 Yard Relay	Sue McDevitt, Melanie Pillaro, Stanette Aldrich, Sandy Johnson	Fenton	51.9	1978	440 Yard Relay
1977	880 Yard Relay	Marie Pushman, Stanette Aldrich, Angie Pittman, Sandy Johnson	Fenton	01:47.5	1978	880 Yard Relay
1977	Mile Relay	Sue Ambler, Sue Hintz, Peggy Edwards, Katie Anderson	Fenton	04:16.9	1978	Mile Relay
1977	High Jump	Barb Crosby	Fenton	5' 2.5"	1978	High Jump
1977	Long Jump	Marie Pushman	Fenton	17' 4.5"	1978	Long Jump
1977	Shot Put	Barb Rohr	Mt. Morris	36' 2.5"	1978	Shot Put
1977	Discus	Karen Mitchell	LakeVille	110' 2"	1978	Discus
1979	100 Yard Dash	Julie Brooks	Holly	11.76	1980	100 Yard Dash
1979	220 Yard Dash	Anita Gach	Ainsworth	26.7	1980	220 Yard Dash
1979	440 Yard Dash	Kay Templeton	LakeVille	01:00.6	1980	440 Yard Dash
1979	880 Yard Run	Margaret White	L. West	02:25.3	1980	880 Yard Run
1979	Mile Run	Lynn Walters	Fenton	05:28.6	1980	Mile Run
1979	2 Mile Run	Andrea Grainger	Fenton	12:24.5	1980	2 Mile Run
1979	110 Yard Hurdles	Kelly Sparks	L. East	14.32	1980	110 Yard Hurdles
1979	220 Yard Hurdles	Jill Sutton	L. West	30.63	1980	220 Yard Hurdles
1979	440 Yard Relay	Chris Boehmer, Lisa DeBeaubien, Lisa Meyer, Terri Orlikowski	L. West	52.21	1980	440 Yard Relay
1979	880 Yard Relay	Sue McDevitt, Barb Walters, Polly Edwards, Sue Hintz	Fenton	01:48.7	1980	880 Yard Relay
1979	Mile Relay	Missy Lozuaway, Patti Grainger, Donna Seger, Sue Hintz	Fenton	04:11.8	1980	Mile Relay
1979	High Jump	Debbie Blackwell	L. East	5' 4"	1980	High Jump
1979	Long Jump	Chris Boehmer	L. West	17' 4"	1980	Long Jump
1979	Shot Put	Shelly Dagley	L. West	38' 7.5"	1980	Shot Put
1979	Discus	Jill Brewer	L. East	100' 6"	1980	Discus
1981	100 M Dash	Julie Brooks	Holly	12.9	1982	100 M Dash
1981	200 M Dash	Julie Brooks	Holly	26.19	1982	200 M Dash
1981	400 M Dash	Julie Brooks	Holly	59.16	1982	400 M Dash
1981	800 M Run	Shelly Saunders	Mt. Morris	02:24.1	1982	800 M Run
1981	1600 M Run	Diane Michael	Mt. Morris	05:25.5	1982	1600 M Run
1981	3200 M Run	Andrea Grainger	Fenton	12:07.2	1982	3200 M Run
1981	100 M Hurdles	Evie Landrum	Holly	15.45	1982	100 M Hurdles
1981	200 Low Hurdles	Evie Landrum	Holly	29.91	1982	200 Low Hurdles
1981	400 M Relay	Theresa Braden, Lisa Meyer, Mary Pringing, Chris Boehmer	L. West	52.31	1982	400 M Relay
1981	800 M Relay	Becky Chapman, Heather Allen, Liz Summers, Evie Landrum	Holly	01:47.6	1982	800 M Relay
1981	1600 M Relay	Heather Allen, Heidi Allen, Liz Summers, Julie Brooks	Holly	04:07.5	1982	1600 M Relay
1981	High Jump	Tahea Fowler	Holly	5' 0"	1982	High Jump
1981	Long Jump	Chris Boehmer	L. West	16' 7"	1982	Long Jump
1981	Shot Put	Shelly Dagley	L. West	38' 7"	1982	Shot Put
1981	Discus	Shelly Dagley	L. West	120' 4"	1982	Discus
1983	100 Yard Dash	Mary Brown	Ainsworth	11.41	1984	100 Yard Dash
1983	220 Yard Dash	Mary Brown	Ainsworth	26.81	1984	220 Yard Dash
1983	440 Yard Dash	Colleen Lennon	Oxford	01:02.0	1984	440 Yard Dash
1983	880 Yard Run	Sue Parks	Ainsworth	02:26.1	1984	880 Yard Run
1983	Mile Run	Rhonda Prime	Ainsworth	05:26.6	1984	Mile Run

FLINT METRO LEAGUE GIRLS TRACK INDIVIDUAL EVENT CHAMPIONS

1983	2 Mile Run	Rhonda Prime	Ainsworth	11:55.5	1984	2 Mile Run
1983	110 Yard Hurdles	Verlynda Wilson	Mt. Morris	15.62	1984	110 Yd. Int. Hurdles
1983	330 Yard Hurdles	Teresa Braden	L. West	52.33	1984	330 Yard Hurdles
1983	440 Yard Relay	Verlynda Wilson, Carrie Hall, Wendy Reynolds, Sherri Moore	Mt. Morris	52.33	1984	440 Yard Relay
1983	880 Yard Relay	Angie Perrault, Lisa Cipa, Tracy Dorsey, Michelle Woods	Oxford	01:51.1	1984	880 Yard Relay
1983	Mile Relay	Karyl Van Gorp, Wendy Young, Laura Mereweather, Gina Guglielmello	Holly	04:18.7	1984	Mile Relay
1983	High Jump	Verlynda Wilson	Mt. Morris	4' 11"	1984	2 Mile Relay
1983	Long Jump	Mary Brown	Ainsworth	15' 5.5"	1984	High Jump
1983	Shot Put	Kim Dunmire	L. East	34' 11"	1984	Long Jump
1983	Discus	Malinda Baker	Ainsworth	100' 9"	1984	Shot Put
					1984	Discus
1985	100 Yard Dash	Mary Brown	Ainsworth	11.58	1986	100 Yard Dash
1985	220 Yard Dash	Kelli Feetham	Linden	26.81	1986	220 Yard Dash
1985	440 Yard Dash	Lorie Pugh	Lakeville	59.08	1986	440 Yard Dash
1985	880 Yard Run	Stephanie Murdoch	Lakeville	02:23.8	1986	880 Yard Run
1985	Mile Run	Lorey Mundy	Holly	05:37.8	1986	Mile Run
1985	2 Mile Run	Lorey Mundy	Holly	12:36.1	1986	2 Mile Run
1985	110 Yd. Int. Hurdles	Verlynda Wilson	Mt. Morris	15.64	1986	110 Yd. Int. Hurdles
1985	330 Yard Hurdles	Mary Brown	Ainsworth	47.18	1986	330 Yard Hurdles
1985	440 Yard Relay	Lisa Cipa, Tracy Dorsey, Kelly Lennon, Shari Hutton	Oxford	52.5	1986	440 Yard Relay
1985	880 Yard Relay	Lisa Cipa, Tracy Dorsey, Kelly Lennon, Shari Hutton	Oxford	01:50.6	1986	880 Yard Relay
1985	Mile Relay	Shannon Simpson, Donna Peterson, Lorie Pugh, Stephanie Murdoch	Lakeville	04:12.1	1986	Mile Relay
1985	2 Mile Relay	Laura Merewether, Heidi Wright, Stacey Zerbal, Chris Wilson	Holly	09:59.2	1986	2 Mile Relay
1985	High Jump	Robin Leedle	Durand	5' 0"	1986	High Jump
1985	Long Jump	Verlynda Wilson	Mt. Morris	16' 1.25"	1986	Long Jump
1985	Shot Put	Yolandria Swims	Lakeville	36' 7"	1986	Shot Put
1985	Discus	Wendy Beltz	Oxford	111' 9"	1986	Discus
1987	100 M Dash	Jill St. John	Durand	13.18	1988	100 M Dash
1987	200 M Dash	Julie Chappell	L. East	27.68	1988	200 M Dash
1987	400 M Dash	Colleen Curcio	Oxford	01:01.1	1988	400 M Dash
1987	800 M Run	Kerry Radcliffe	Durand	02:25.1	1988	800 M Run
1987	1600 M Run	Donna Peterson	Lakeville	05:39.1	1988	1600 M Run
1987	3200 M Run	Doreen O'Donell	Oxford	12:49.1	1988	3200 M Run
1987	100 M Int. Hurdles	Chris Hollenbeck	Durand	16.8	1988	100 M Int. Hurdles
1987	300 Low Hurdles	Chris Hollenbeck	Durand	50.12	1988	300 Low Hurdles
1987	400 M Relay	Connie Johnson, Amy Rogers, Amy Topolewski, Pam Eaton	Fenton	52.87	1988	400 M Relay
1987	800 M Relay	Theresa Duval, Amy Bradsher, Jenny Hyslop, Kristen Siegel	Holly	01:52.4	1988	800 M Relay
1987	1600 M Relay	Leda Cason, Val Kage, Cari Byrd, Colleen Curcio	Oxford	04:20.2	1988	1600 M Relay
1987	3200 M Relay	Colleen Curcio, Doreen O'Donnell, Sue Rosseel, Cari Byrd	Oxford	10:08.7	1988	3200 M Relay
1987	High Jump	Amy Warner	Linden	4' 9"	1988	High Jump
1987	Long Jump	Connie Johnson	Fenton	16' 5.25"	1988	Long Jump
1987	Shot Put	Yolandria Swims	Lakeville	36' 2.5"	1988	Shot Put
1987	Discus	Yolandria Swims	Lakeville	109' 4"	1988	Discus
1989	100 M Dash	Kelli Hammond	Lakeville	12.7	1990	100 M Dash
1989	200 M Dash	Kelli Hammond	Lakeville	26.4	1990	200 M Dash
1989	400 M Dash	Kelli Hammond	Lakeville	59.52	1990	400 M Dash
1989	800 M Run	Michelle Radcliffe	Durand	02:26.8	1990	800 M Run
1989	1600 M Run	Laura Bell	Lakeville	05:17.6	1990	1600 M Run
1989	3200 M Run	Laura Bell	Lakeville	12:19.6	1990	3200 M Run
1989	100 M Int. Hurdles	Kim Underwood	Fenton	16.85	1990	100 M Int. Hurdles

FLINT METRO LEAGUE GIRLS TRACK INDIVIDUAL EVENT CHAMPIONS

1989	300 Low Hurdles	Shannon Lewis	Oxford	48.29	1990	300 Low Hurdles
1989	400 M Relay	Connie Johnson, Amy Rogers, Amy Topolewski, Pam Eaton	Fenton	51.56	1990	400 M Relay
1989	800 M Relay	Cathie Dodson, Shannon Lewis, Shannon Miller, Valerie Kage	Oxford	01:48.5	1990	800 M Relay
1989	1600 M Relay	Heather Sealey, Julie Root, Laura Bell, Kelli Hammond	LakeVille	04:16.3	1990	1600 M Relay
1989	3200 M Relay	Emily Kaiser, Julie Root, Laura Bell, Heather Sealey	LakeVille	10:15.3	1990	3200 M Relay
1989	High Jump	Sara Warner	Linden	4' 10"	1990	High Jump
1989	Long Jump	Connie Johnson	Fenton	16' 6.75"	1990	Long Jump
1989	Shot Put	Karri Kuzma	LakeVille	36' 3"	1990	Shot Put
1989	Discus	Karri Kuzma	LakeVille	112' 8.5"	1990	Discus
1991	100 M Dash	Kelli Hammond	LakeVille	12.4	1992	100 M Dash
1991	200 M Dash	Kelli Hammond	LakeVille	25.7	1992	200 M Dash
1991	400 M Dash	Kelli Hammond	LakeVille	59.1	1992	400 M Dash
1991	800 M Run	Laura Bell	LakeVille	02:20.0	1992	800 M Run
1991	1600 M Run	Laura Bell	LakeVille	05:11.0	1992	1600 M Run
1991	3200 M Run	Laura Bell	LakeVille	12:08.2	1992	3200 M Run
1991	100 M Int. Hurdles	Helen Ekleberry	Durand	16.5	1992	100 M Int. Hurdles
1991	300 Low Hurdles	Helen Ekleberry	Durand	50.1	1992	300 Low Hurdles
1991	400 M Relay	Kari Korpalski, Michelle Brundage, Rachael Curran, Julie Russell	L. East	52.4	1992	400 M Relay
1991	800 M Relay	Tera McClellan, Becky Ring, Laura Greyerbiehl, Kelli Hammond	LakeVille	01:49.0	1992	800 M Relay
1991	1600 M Relay	Heather Belanger, Tina Havercraft, Tracy Fox, Stephanie Crelley	Fenton	04:21.4	1992	1600 M Relay
1991	3200 M Relay	Laura Bell, Julie Root, Emily Kaiser, Stacy Hutchcraft	LakeVille	10:21.0	1992	3200 M Relay
1991	High Jump	Kelly Spencer	Holly	4' 11"	1992	High Jump
1991	Long Jump	Michelle Brundage	L. East	17' 1.75"	1992	Long Jump
1991	Shot Put	Karri Kuzma	LakeVille	38' 8"	1992	Shot Put
1991	Discus	Karri Kuzma	LakeVille	128' 0"	1992	Discus
1993	100 M Dash	Cynthia Smith	LakeVille	13.11	1994	100 M Dash
1993	200 M Dash	Cynthia Smith	LakeVille	27.02	1994	200 M Dash
1993	400 M Dash	Krista Svetcos	L. West	01:02.8	1994	400 M Dash
1993	800 M Run	Erin Hagstrom	Linden	02:30.3	1994	800 M Run
1993	1600 M Run	Debbie Barton	Holly	05:37.2	1994	1600 M Run
1993	3200 M Run	Debbie Barton	Holly	12:07.7	1994	3200 M Run
1993	100 M Int. Hurdles	Shelly Peariso	LakeVille	16.45	1994	100 M Int. Hurdles
1993	300 Low Hurdles	Shelly Peariso	LakeVille	51.06	1994	300 Low Hurdles
1993	400 M Relay	Tracy Fischer, Mary Mikulski, Rachael Curran, Kari Korpalski	L. East	52.77	1994	400 M Relay
1993	800 M Relay	Kathy Banks, Carrie Young, Cynthia Smith, Tera McClellan	LakeVille	01:51.9	1994	800 M Relay
1993	1600 M Relay	April Maidment, Jenny Mudrak, Liz Champagne, Erin Hagstrom	Linden	04:18.2	1994	1600 M Relay
1993	3200 M Relay	Lora Sutphin, Nikki Alexander, Stacey Hutchcraft, Jamie Root	LakeVille	10:20.7	1994	3200 M Relay
1993	High Jump	Tracy Fox	Fenton	5' 2"	1994	High Jump
1993	Long Jump	Kathy Banks	LakeVille	16' .75"	1994	Long Jump
1993	Shot Put	Jamie Penrod	Oxford	37' 9.5"	1994	Shot Put
1993	Discus	Mindi Lincoln	LakeVille	117' 5"	1994	Discus
1995	100 M Dash	Kari Karhoff	Durand	12.82	1996	100 M Dash
1995	200 M Dash	Kari Karhoff	Durand	26.51	1996	200 M Dash
1995	400 M Dash	Kari Karhoff	Durand	59.53	1996	400 M Dash
1995	800 M Run	Erin Hagstrom	Linden	02:25.9	1996	800 M Run
1995	1600 M Run	Christine Freeman	Oxford	05:31.1	1996	1600 M Run
1995	3200 M Run	Jackie Bucholz	Holly	12:01.5	1996	3200 M Run
1995	100 M Int. Hurdles	Rhonda Wagner	LakeVille	15.46	1996	100 M Int. Hurdles
1995	300 Low Hurdles	Krysta Thomsen	LakeVille	47.73	1996	300 Low Hurdles
1995	400 M Relay	Krysta Thomsen, Amanda March, Shelly Peariso, Cynthia Smith	LakeVille	52.98	1996	400 M Relay

FLINT METRO LEAGUE GIRLS TRACK INDIVIDUAL EVENT CHAMPIONS

1995	800 M Relay	Krysta Thomsen, Carri Young, Shelly Peariso, Rhonda Wagner	LakeVille	01:49.1	1996	800 M Relay
1995	1600 M Relay	Carri Young, Shelly Maruszak, Cynthia Smith, Krysta Thomsen	LakeVille	04:16.1	1996	1600 M Relay
1995	3200 M Relay	Sarah Wilson, Lora Sutphin, Shelly Maruszak, Jen Urban	LakeVille	10:18.5	1996	3200 M Relay
1995	High Jump	Teressha DeRosset	LakeVille	5' 4"	1996	High Jump
1995	Long Jump	Rhonda Wagner	LakeVille	16' 0"	1996	Long Jump
1995	Shot Put	Mindi Lincoln	LakeVille	39' 1"	1996	Shot Put
1995	Discus	Mindi Lincoln	LakeVille	125' 7.5"	1996	Discus
1997	100 M Dash	Toni Tolbert	Mt. Morris	12.73	1998	100 M Dash
1997	200 M Dash	Kari Karhoff	Durand	26.3	1998	200 M Dash
1997	400 M Dash	Shelly Marusak	LakeVille	01:00.9	1998	400 M Dash
1997	800 M Run	Dru Bishop	Fenton	02:22.9	1998	800 M Run
1997	1600 M Run	Christine Freeman	Oxford	05:47.7	1998	1600 M Run
1997	3200 M Run	Jackie Bucholz	Holly	11:59.7	1998	3200 M Run
1997	100 M Int. Hurdles	Teressha DeRosset	LakeVille	15.3	1998	100 M Int. Hurdles
1997	300 Low Hurdles	Kari Karhoff	Durand	45.2	1998	300 Low Hurdles
1997	400 M Relay	Erin McCabe, Sheena Harrison, Kelly Feurstein, Elizabeth Beck	Fenton	52.81	1998	400 M Relay
1997	800 M Relay	Dru Bishop, Erin Morris, Elizabeth Beck, Erin McCabe	Fenton	01:51.8	1998	800 M Relay
1997	1600 M Relay	Amanda March, Shellie Maruszak, Laura Mydock, Teressha DeRossett	LakeVille	04:14.2	1998	1600 M Relay
1997	3200 M Relay	Karen LeRoy, Katie Bowden, Becky Keller, Christine Freeman	Oxford	10:24.5	1998	3200 M Relay
1997	High Jump	Teressha DeRosset	LakeVille	5' 3"	1998	High Jump
1997	Long Jump	Kari Karhoff	Durand	17' 7.5"	1998	Long Jump
1997	Shot Put	Elizabeth McKinnon	Oxford	35' 3.5"	1998	Pole Vault
1997	Discus	Jodi Kennedy	LakeVille	112' 8"	1998	Shot Put
					1998	Discus
1999	100 M Dash	Toni Tolbert	Mt. Morris	12.56	2000	100 M Dash
1999	200 M Dash	Toni Tolbert	Mt. Morris	26.21	2000	200 M Dash
1999	400 M Dash	Andrea Masher	Fenton	01:00.2	2000	400 M Dash
1999	800 M Run	Karen LeRoy	Oxford	02:25.1	2000	800 M Run
1999	1600 M Run	Karen LeRoy	Oxford	05:29.8	2000	1600 M Run
1999	3200 M Run	Karen LeRoy	Oxford	12:10.3	2000	3200 M Run
1999	100 M Int. Hurdles	Lauren Simpson	Linden	16.17	2000	100 M Int. Hurdles
1999	300 Low Hurdles	Becca Moller	LakeVille	49.12	2000	300 Low Hurdles
1999	400 M Relay	Erin McCabe, Erin Morris, Erin Kirkland, Shae Newcombe	Fenton	54.15	2000	400 M Relay
1999	800 M Relay	Tiffany Burk, Alicia Watkins, Jenny Tschirhart, Amber Hardenbough	Holly	01:51.7	2000	800 M Relay
1999	1600 M Relay	Tiffany Burt, Kristine Raffina, Sarah Romanski, Jenny Tschirhart	Holly	04:19.4	2000	1600 M Relay
1999	3200 M Relay	Stephanie Hajac, Mary Bracciano, Erin Walsh, Dru Bishop	Fenton	10:14.9	2000	3200 M Relay
1999	High Jump	Lauren Simpson	Linden	4' 9"	2000	High Jump
1999	Long Jump	Elizabeth Beck	Fenton	15' 9.5"	2000	Long Jump
1999	Pole Vault	Tina Brackney	Linden	9' 0"	2000	Pole Vault
1999	Shot Put	Elizabeth McKinnon	Oxford	39' 10"	2000	Shot Put
1999	Discus	Angie Goyette	LakeVille	117' 0"	2000	Discus
2001	100 M Dash	Kate Dolata	Linden	13.3	2002	100 M Dash
2001	200 M Dash	Kate Dolata	Linden	26.9	2002	200 M Dash
2001	400 M Dash	Caryn Inman	Oxford	01:01.2	2002	400 M Dash
2001	800 M Run	Stephanie Hajec	Fenton	02:32.4	2002	800 M Run
2001	1600 M Run	Rachel Gutierrez	Linden	05:39.2	2002	1600 M Run
2001	3200 M Run	Rachel Gutierrez	Linden	12:20.1	2002	3200 M Run
2001	100 M Int. Hurdles	Amber Kier	Holly	16.3	2002	100 M Int. Hurdles
2001	300 Low Hurdles	Shae Newcomb	Fenton	47.4	2002	300 Low Hurdles
2001	400 M Relay	Maggie Tiernan, Kayla Swanson, Faye Corning, Renae Remillard	Fenton	53.7	2002	400 M Relay

FLINT METRO LEAGUE GIRLS TRACK INDIVIDUAL EVENT CHAMPIONS

2001	800 M Relay	Shayla Hamblin, Alisha Watkins, Sarah Beck, Amber Kier	Holly	01:50.5	2002	800 M Relay
2001	1600 M Relay	Theresa Minor, Payge Salquist, Megan McTaggart, Caryn Inman	Oxford	04:16.6	2002	1600 M Relay
2001	3200 M Relay	Michelle Jackson, Caitlin Moffitt, Kelly Cichoracki, Danielle Elwood	L. West	10:33.5	2002	3200 M Relay
2001	High Jump	Taylor Twite	L. East	5' 0"	2002	High Jump
2001	Long Jump	Alicia Watkins	Holly	15' 10"	2002	Long Jump
2001	Pole Vault	Katie Hopkins	Lakeville	9' 0"	2002	Pole Vault
2001	Shot Put	Emily Sharp	Fenton	38' 2"	2002	Shot Put
2001	Discus	Morgan Acre	Lakeville	120' 6"	2002	Discus
2003	100 M Dash	Kate Dolata	Linden	12.3	2004	100 M Dash
2003	200 M Dash	Kate Dolata	Linden	25.9	2004	200 M Dash
2003	400 M Dash	Whitney Poretta	L. East	01:00.9	2004	400 M Dash
2003	800 M Run	Courtney Morris	Holly	02:30.7	2004	800 M Run
2003	1600 M Run	Rachel Gutierrez	Linden	05:34.3	2004	1600 M Run
2003	3200 M Run	Rachel Gutierrez	Linden	12:25.1	2004	3200 M Run
2003	100 M Int. Hurdles	Andrea Hitchcock	Oxford	16.3	2004	100 M Int. Hurdles
2003	300 Low Hurdles	Erynne Ligiski	L. East	50.0	2004	300 Low Hurdles
2003	400 M Relay	Genelle Parker, Krysten Sylva, Darci Kujawa, Theresa Miner	Oxford	51.5	2004	400 M Relay
2003	800 M Relay	Theresa Miner, Krysten Sylva, Darci Kujawa, Caryn Inman	Oxford	01:48.2	2004	800 M Relay
2003	1600 M Relay	Melissa Lengyel, Skye Gable, Rachel Warren, Kate Dolata	Linden	04:16.3	2004	1600 M Relay
2003	3200 M Relay	Rachel Gutierrez, Jessica Battles, Skye Gabel, Melissa Lengyel	Linden	10:32.4	2004	3200 M Relay
2003	High Jump	Nikki Cranick	L. East	4' 10"	2004	High Jump
2003	Long Jump	Kylie Kanga	Brandon	15' 2.5"	2004	Long Jump
2003	Pole Vault	Megan Bailey	L. East	8' 3"	2004	Pole Vault
2003	Shot Put	Meghan Hickey	Oxford	33' 1"	2004	Shot Put
2003	Discus	Meghan Hickey	Oxford	113' 4"	2004	Discus
2005	100 M Dash	Krysten Sylva	Oxford	12.0	2006	100 M Dash
2005	200 M Dash	Ashlee Eller	Oxford	26.54	2006	200 M Dash
2005	400 M Dash	Melissa Lengyel	Linden	01:01.6	2006	400 M Dash
2005	800 M Run	Hannah Stone	L. East	02:29.7	2006	800 M Run
2005	1600 M Run	Hannah Stone	L. East	05:19.9	2006	1600 M Run
2005	3200 M Run	Kelly Wilson	Brandon	12:06.2	2006	3200 M Run
2005	100 M Int. Hurdles	Amy Morrison	Fenton	15.6	2006	100 M Int. Hurdles
2005	300 Low Hurdles	Amie Wilson	Linden	49.1	2006	300 Low Hurdles
2005	400 M Relay	Krysten Sylva, Jacqui Sylva, Lauren Curtis, Deann Kujawa	Oxford	51.8	2006	400 M Relay
2005	800 M Relay	Brittney Maher, Amy Morrison, Holly Knickerbocker, Brittany Schupbach	Fenton	01:49.4	2006	800 M Relay
2005	1600 M Relay	Paige Onweller, Hannah Stone, Sarah Nicolas, Nikki Cranick	L. East	04:17.4	2006	1600 M Relay
2005	3200 M Relay	Kayla Duke, Carley Burger, Kathryn Mangapora, Melissa Lengyel	Linden	09:57.7	2006	3200 M Relay
2005	High Jump	Savannah Stedman	Brandon	5' 0"	2006	High Jump
2005	Long Jump	Emily Arms	L. West	15' 3"	2006	Long Jump
2005	Pole Vault	Amy Morrison	Fenton	10' 0"	2006	Pole Vault
2005	Shot Put	Sarah Bond	Brandon	35' 5"	2006	Shot Put
2005	Discus	Sarah Bond	Brandon	119' 7"	2006	Discus
2007	100 M Dash	Angie Brooks	Brandon	12.8	2008	100 M Dash
2007	200 M Dash	Angie Brooks	Brandon	26.5	2008	200 M Dash
2007	400 M Dash	Angie Brooks	Brandon	59.2	2008	400 M Dash
2007	800 M Run	Paige Onweller	L. East	02:27.9	2008	800 M Run
2007	1600 M Run	Rachel Reyna	Sw. Creek	06:06.6	2008	1600 M Run
2007	3200 M Run	Kayla Duke	Linden	12:05.5	2008	3200 M Run
2007	100 M Int. Hurdles	Amy Morrison	Fenton	15.4	2008	100 M Int. Hurdles
2007	300 Low Hurdles	Kate Wolanin	Oxford	47.1	2008	300 Low Hurdles

FLINT METRO LEAGUE GIRLS TRACK INDIVIDUAL EVENT CHAMPIONS

2007	400 M Relay	Jamilla Richardson, Jill Brendel, Coleen Brendel, Angie Brooks	Brandon	51.9	2008	400 M Relay
2007	800 M Relay	Tiara Tatarczuk, Jacqui Sylva, Ashlee Morgan-Eller, Keeona Ives	Oxford	01:49.2	2008	800 M Relay
2007	1600 M Relay	Kate Wolanin, Shannon Seeley, Tiara Tatarczuk, Hannah George	Oxford	04:17.1	2008	1600 M Relay
2007	3200 M Relay	Sarah Eldon, Kristen Williams, Megan McCoy, Heather Lauwers	Brandon	10:24.7	2008	3200 M Relay
2007	High Jump	Sarah Jones	Brandon	5' 2"	2008	High Jump
2007	Long Jump	Jackie Coon	Linden	15' 11"	2008	Long Jump
2007	Pole Vault	Amy Morrison	Fenton	12' 1"	2008	Pole Vault
2007	Shot Put	Sarah Privette	Brandon	36' 9"	2008	Shot Put
2007	Discus	Savannah Stedman	Brandon	106' 4"	2008	Discus
2009	100 M Dash	Mariah Ridal	Holly	12.9	2010	100 M Dash
2009	200 M Dash	Mariah Ridal	Holly	26.11	2010	200 M Dash
2009	400 M Dash	Hannah George	Oxford	01:00.4	2010	400 M Dash
2009	800 M Run	Destinee Lukiankoff	Holly	02:31.9	2010	800 M Run
2009	1600 M Run	Taylor Thorpe	Fenton	05:35.5	2010	1600 M Run
2009	3200 M Run	Casey Campbell	Sw. Creek	12:14.2	2010	3200 M Run
2009	100 M Int. Hurdles	Kate Wolanin	Oxford	15.74	2010	100 M Int. Hurdles
2009	300 Low Hurdles	Kate Wolanin	Oxford	47.81	2010	300 Low Hurdles
2009	400 M Relay	Keera Colson, Mariah Ridal, Renita Wingate, Maura Casey	Holly	51.08	2010	400 M Relay
2009	800 M Relay	Emily Tysick, Ashlee Eisinger, Cassie Ciaravino, Stephanie Morris	L. East	01:49.5	2010	800 M Relay
2009	1600 M Relay	Kate Wolanin, Megan Seeley, Shannon Seeley, Hannah George	Oxford	04:14.3	2010	1600 M Relay
2009	3200 M Relay	Destinee Lukinakoff, Rachel Derocher, Breanna Konopitski, Amanda Garrison	Holly	10:10	2010	3200 M Relay
2009	High Jump	Tara Wasylyshyn	Linden	5' 2"	2010	High Jump
2009	Long Jump	Mariah Ridal	Holly	16' 1"	2010	Long Jump
2009	Pole Vault	Katherine Bosetti	Oxford	9' 6"	2010	Pole Vault
2009	Shot Put	Sarah Privette	Brandon	36'10"	2010	Shot Put
2009	Discus	Sarah Privette	Brandon	115'10"	2010	Discus
2011	100 M Dash	Tiffany Owens	Brandon	12.59	2012	100 M Dash
2011	200 M Dash	Shae Batten	Kearsley	27.38	2012	200 M Dash
2011	400 M Dash	Mariah Ridal	Holly	01:03.5	2012	400 M Dash
2011	800 M Run	Melissa Bott	Holly	02:30.2	2012	800 M Run
2011	1600 M Run	Casey Campbell	Sw. Creek	05:32.8	2012	1600 M Run
2011	3200 M Run	Sydney Elmer	Linden	12:11.9	2012	3200 M Run
2011	100 M Int. Hurdles	Shae Batten	Kearsley	16.0	2012	100 M Int. Hurdles
2011	300 Low Hurdles	Shae Batten	Kearsley	51.25	2012	300 Low Hurdles
2011	400 M Relay	Meredith Brown, Lauren Davis, Emily Bemis, Alessandra Kozlowski	Fenton	54.61	2012	400 M Relay
2011	800 M Relay	Tiffani Owens, Jayona Dent, Ashlee Roussey, Danielle Kasper	Brandon	01:54.6	2012	800 M Relay
2011	1600 M Relay	Melissa Bott, Tatum Harmon, Paige McElroy, Mariah Ridal	Holly	04:25.5	2012	1600 M Relay
2011	3200 M Relay	Melissa Bott, Rachel Derocher, Mariah Ridal, Abby Lewandowski	Holly	10:07.5	2012	3200 M Relay
2011	High Jump	Samantha Rubick	L. East	4' 8"	2012	High Jump
2011	Long Jump	Meredith Brown	Fenton	15' 5"	2012	Long Jump
2011	Pole Vault*	Rachel Domagalski	Holly	9' 0"	2012	Pole Vault
2011	Shot Put	Elizabeth Hawley	Holly	33' 2"	2012	Shot Put
2011	Discus	Jenna Mitchell	Holly	116' 1"	2012	Discus
2013	100 M Dash	Jayona Dent	Brandon	13.03	2014	100 M Dash
2013	200 M Dash	Ellen Sage	Fenton	27.29	2014	200 M Dash
2013	400 M Dash	Emily Bemis	Fenton	01:00.9	2014	400 M Dash
2013	800 M Run	Charlotte Ruffini	Holly	02:33.2	2014	800 M Run
2013	1600 M Run	Sydney Elmer	Linden	05:19.9	2014	1600 M Run
2013	3200 M Run	Sydney Elmer	Linden	12:11.8	2014	3200 M Run
2013	100 M Int. Hurdles	Taylor Rieves	Brandon	16.04	2014	100 M Int. Hurdles

FLINT METRO LEAGUE GIRLS TRACK INDIVIDUAL EVENT CHAMPIONS

2013	300 Low Hurdles	Angela Ciaravino	L. East	47.92	2014	300 Low Hurdles
2013	400 M Relay	Jayona Dent, Ashlee Roussey, Kierra Johnson, Cyonna Rush	Brandon	51.21	2014	400 M Relay
2013	800 M Relay	Jayona Dent, Kierra Johnson, Cyonna Rush, Ashlee Roussey	Brandon	01:46.7	2014	800 M Relay
2013	1600 M Relay	Kelly Ray, Kaitlyn Smith, Korlyn Kesteloot, Tatum Harmon	Holly	04:09.7	2014	1600 M Relay
2013	3200 M Relay	Kaitlyn Smith, Abby Brown, Courtney Kettle, Maggie Schneider	Holly	10:08.8	2014	3200 M Relay
2013	High Jump	Angela Ciaravino	L. East	5' 2"	2014	High Jump
2013	Long Jump	Madison Pierce	Brandon	16' 9.5"	2014	Long Jump
2013	Pole Vault	Olivia Parry	Brandon	10' 4"	2014	Pole Vault
2013	Shot Put	Niki Sargent	Linden	41' 0"	2014	Shot Put
2013	Discus	Kayla Briscoe	Linden	103' 11"	2014	Discus
2015	100 M Dash	Madison Pierce	Brandon	12.73	2016	100 M Dash
2015	200 M Dash	Bre Perry	Flushing	26.68	2016	200 M Dash
2015	400 M Dash	Jadyn Fuerst	Flushing	01:00.1	2016	400 M Dash
2015	800 M Run	Samantha Tschirhart	Holly	02:25.0	2016	800 M Run
2015	1600 M Run	Addie May	Flushing	05:12.2	2016	1600 M Run
2015	3200 M Run	Addie May	Flushing	11:40.2	2016	3200 M Run
2015	100 M Int. Hurdles	Taylor Rieves	Brandon	15.68	2016	100 M Int. Hurdles
2015	300 Low Hurdles	Alia Frederick	Linden	48	2016	300 Low Hurdles
2015	400 M Relay	Cyonna Rush, Chelsea Cooks, Madison Pierce, Taylor Rieves	Brandon	50.77	2016	400 M Relay
2015	800 M Relay	Hannah Sage, Madaline Hall, Emily Kinser, Zeinab Torabi	Fenton	01:49.9	2016	800 M Relay
2015	1600 M Relay	Bella Blank, Madison Piet, Breyanna Turnipseed, Alia Frederick	Linden	04:12.5	2016	1600 M Relay
2015	3200 M Relay	Jaydn Fuerst, Addie May, Lexi Draheim, Jessi Lindstrom	Flushing	09:47.4	2016	3200 M Relay
2015	High Jump	Bre Perry	Flushing	5' 2"	2016	High Jump
2015	Long Jump	Madaline Hall	Fenton	17' 4.75"	2016	Long Jump
2015	Pole Vault	Madison Pierce	Brandon	10' 0"	2016	Pole Vault
2015	Shot Put	Emily Alvaredo	Holly	37' 7.5"	2016	Shot Put
2015	Discus	Emily Alvaredo	Holly	110' 5"	2016	Discus
2017	100 M Dash	Madaline Hall	Fenton	12.48	2018	100 M Dash
2017	200 M Dash	Madaline Hall	Fenton	26.35	2018	200 M Dash
2017	400 M Dash	Alia Frederick	Linden	59.8	2018	400 M Dash
2017	800 M Run	Jenna Keiser	Fenton	2:27.37	2018	800 M Run
2017	1600 M Run	Jessi Lindstrom	Flushing	5:23.04	2018	1600 M Run
2017	3200 M Run	Jessi Lindstrom	Flushing	11:37.59	2018	3200 M Run
2017	100 M Int. Hurdles	Alia Frederick	Linden	15.76	2018	110 High Hurdles
2017	300 Low Hurdles	Alia Frederick	Linden	46.82	2018	300 Int. Hurdles
2017	400 M Relay	Cassandra Campbell, Kiley Aldred, Hannah Chapin, Madaline Hall	Fenton	50.77	2018	400 M Relay
2017	800 M Relay	Izzy Carlyon, Melissa Reynolds, Jakara Edwards-House, Breanna Perry	Flushing	1:47.62	2018	800 M Relay
2017	1600 M Relay	Jenna Keiser, Alexa Keiser, Cambria Tiemann, Brenna Bleicher	Fenton	4:18.48	2018	1600 M Relay
2017	3200 M Relay	Brenna Bleicher, Jenna Keiser, Alexa Keiser, Cambria Tiemann	Fenton	9:35.17	2018	3200 M Relay
2017	High Jump	Breanna Perry	Flushing	5' 4"	2018	High Jump
2017	Long Jump	Madaline Hall	Fenton	17' 0"	2018	Long Jump
2017	Pole Vault	Tricia Pierce	Brandon	10' 6"	2018	Pole Vault
2017	Shot Put	Annie Miller	Sw. Creek	38' 10.5"	2018	Shot Put
2017	Discus	Annie Miller	Sw. Creek	126' 5"	2018	Discus
2018	100 M Dash	Demetria Royster	Flushing	12.98		
2018	200 M Dash	Cassandra Campbell	Fenton	26.6		
2018	400 M Dash	Asia Smith	Flushing	60.02		
2018	800 M Run	Thailyia Christensen	Flushing	2:26.13		
2018	1600 M Run	Alexa Keiser	Fenton	5:00.06		
2018	3200 M Run	Alexa Keiser	Fenton	11:59.40		

FLINT METRO LEAGUE GIRLS TRACK INDIVIDUAL EVENT CHAMPIONS

2018	100 M Int. Hurdles	Cassandra Campbell	Fenton	15.35
2018	300 Int. Hurdles	Cassandra Campbell	Fenton	44.72
2018	400 M Relay	Hanna Chapin, Katie Klump, Emma Hall, Callie Dickens	Fenton	52.15
2018	800 M Relay	Demetria Royster, Faith Miller, Ellie Reynolds, Asia Smith	Flushing	1:46.66
2018	1600 M Relay	Taylor Huntoon, Kaitlin, Bayer, Cambria Tiemann, Cassandra Campbell	Fenton	4:12.47
2018	3200 M Relay	Kaitlin Bayer, Abbey Lee, Cambria Tiemann, Alexa Keiser	Fenton	10:14.76
2018	High Jump	Brooke Kilyk	Brandon	4'10"
2018	Long Jump	Lexi Martinis	Owosso	16'7.75"
2018	Pole Vault	Hanna Chapin	Fenton	10' 0"
2018	Shot Put	Mackenzie Ramey	Kearsley	36'9.5"
2018	Discus	Abigail Johnston	Holly	103'4"

FLINT METRO LEAGUE GIRLS TRACK INDIVIDUAL EVENT CHAMPIONS

NAME	SCHOOL	TIME/DIST
Nancy Josef	Sw. Creek	6.4
Nancy Josef	Sw. Creek	12.2
Melissa Kidder	Fenton	28.8
Pam Ambler	Fenton	01:03.0
Glenda Lowell	Sw. Creek	12.2
Glenda Lowell, Karen Malaska, Sue Josef, Nancy Josef	Sw. Creek	53.6
Marilyn Strom, Pam Ambler, Barb Aldrich, Melissa Kidder	Fenton	01:59.2
Rene MacCombs	Sw. Creek	172' 3"
Jan Aldrich	Fenton	4' 8"
Becky Clark	Fenton	15' 9"
Kathy Jimenez	Ainsworth	7' 10.75"
Linda Talbot	Carman	27' 7"
Kathy Porzse	Carman	11.8
Debbie Minock	Fenton	27.1
Pam Ambler	Fenton	01:02.7
Vickie Gilbert	Fenton	2:31
Nola Pettus	Ainsworth	11.8
Janis Treponier, Karen Malaska, Sally Treponier, Heather McGeosch	Sw. Creek	54.3
Pam Ambler, Debbie Minock, Pat Flynn, Margaret Aldrich	Fenton	1:53
Kathy Scheitler	Sw. Creek	159' 4"
Nancy Simons	Sw. Creek	4' 9"
Heather McGeosch	Sw. Creek	16' 6.5"
Maya Terry	Sw. Creek	7' 10.75"
Debbie Sepanak	Sw. Creek	29' 8"
Ramona Wirostek	Carman	12.0
Ramona Wirostek	Carman	27.0
Cindy McQuigg	Fenton	01:02.6
Vickie Gilbert	Fenton	02:33.5
Julie Roberts	Fenton	5:42
Nancy Bowles	Carman	12.0
Nancy Bowles, Mary Caris, Robin Pruitt, Ramona Wirostek	Carman	52.7
Jan Forsten, Mary Forsten, Ann Gerlach, Pat Sweeney	Lapeer	01:58.1
Laura Borrer	Ainsworth	5' 3"
Michelle Weiss	Fenton	16' 11"
Sharon Cottrell	Fenton	33' 8"
Ann Kovarik	Sw. Creek	11.6
Donna Bascom	L. West	26.6
Katie Anderson	Fenton	01:00.6
Linda Florine	Carman	02:25.7
Julie Roberts	Fenton	05:25.3
Carolyn Johnson	Fenton	12:29.9
Sue Spencer	Ainsworth	15.8
Stacey Bond, Lynn McGeach, Janeet Malaska, Ann Kovarik	Sw. Creek	51.7
Lora Harmon, Janet Malaska, Ann Kovarick, Lynn McGeach	Sw. Creek	01:47.9
Julie Roberts, Sue Ambler, Carolyn Kolbow, Katie Anderson	Fenton	04:15.9
Debbie Peterson	Fenton	5' 4.5"
Robin Pruitt	Carman	16' 6.5"
Jackie Martin	Fenton	37' 0"

FLINT METRO LEAGUE GIRLS TRACK INDIVIDUAL EVENT CHAMPIONS

Jackie Martin	Fenton	101' 2"
Sue Bradley	Mt. Morris	11.75
Kay Templeton	LakeVille	26.4
Kay Templeton	LakeVille	59.2
Patti Granger	Fenton	02:26.0
Celeste Schroeder	LakeVille	05:32.9
Melinda Roberts	Mt. Morris	11:58.9
Kelly Sparks	L. East	14.8
Roni McLeod, Cheryl Oakman, Donna Schrader, Denise Willing	Ainsworth	52.45
Barb Crosby, Sue McDevitt, Angie Pittman, Sue Hintz	Fenton	01:48.0
Sue Hintz, Sue Ambler, Kim Beatty, Peggy Edwards	Fenton	04:11.5
Barb Crosby	Fenton	5' 1"
Tracy Watkins	LakeVille	16' 9"
Gwen Wilbur	Ainsworth	32' 11.5"
Karen Mitchell	LakeVille	114' 9"
Julie Brooks	Holly	11.58
Melanie Deters	Durand	26.44
Melanie Deters	Durand	58.18
Lynn Walters	Fenton	02:23.6
Lynn Walters	Fenton	05:18.0
Andrea Grainger	Fenton	11:57.3
Evie Landrum	Holly	15.05
Polly Edwards	Fenton	30.87
Liz Summers, Tahea Fowler, Sherri Krause, Julie Brooks	Holly	52.04
Liz Summers, Tahea Fowler, Evie Landrum, Julie Brooks	Holly	01:48.5
Liz Summers, Heather Allen, Heidi Allen, Barb Saul	Holly	04:15.3
Anita Gach	Ainsworth	5" 2"
Chris Boehmer	L. West	16' 10"
Shelly Dagley	L. West	38' 6.5"
Shelly Dagley	L. West	120' 4.5"
Mary Brown	Ainsworth	12.5
Mary Brown	Ainsworth	25.2
Julie Brooks	Holly	59.5
Sue Parks	Ainsworth	02:26.5
Rhonda Prime	Ainsworth	05:28.2
Rhonda Prime	Ainsworth	12:16.9
Evie Landrum	Holly	15.5
Evie Landrum	Holly	30.2
Amy Roda, Darcie McGuffie, Theresa Braden, Chris Boehmer	L. West	52.31
Mary Nielsen, Kim Lowman, Rose Gach, Mary Brown	Ainsworth	01:49.0
Becky Stanley, Anne Stanley, Karen Stanley, Carrie Hall	Mt. Morris	04:13.1
Ann Murphy	Holly	5' 0"
Chris Boehmer	L. West	16' 6.5"
Dawn Rennusch	L. West	34' 3.5"
Gayle Leid	LakeVille	101' 10"
Mary Brown	Ainsworth	11.14
Colleen Lennon	Oxford	26.79
Colleen Lennon	Oxford	01:03.0
Kay Katanski	Oxford	02:24.7
Sue Parks	Ainsworth	05:37.8

FLINT METRO LEAGUE GIRLS TRACK INDIVIDUAL EVENT CHAMPIONS

Sue Parks	Ainsworth	12:00.5
Verlynda Wilson	Mt. Morris	15.44
Stacie Glowaz	Holly	48.9
Wendy Reynolds, Karen Stanley, Margery Ware, Verlynda Wilson	Mt. Morris	52.6
Wendy Reynolds, Karen Stanley, Margery Ware, Verlynda Wilson	Mt. Morris	01:51.4
Angie Perrault, Diana Podsiadlik, Kay Katanski, Colleen Lennnon	Oxford	04:19.1
Brenda Biebuyck, Cheryl Leitch, Pam Boots, Kay Katanski	Oxford	10:28.4
Verlynda Wilson	Mt. Morris	5' 0"
Rosa Gach	Ainsworth	15' 11.5"
Anestasia Kogut	Linden	39' 2.5"
Anestasia Kogut	Linden	111' 9"
Kelli Feetham	Linden	12
Kelli Feetham	Linden	27.8
Kelli Feetham	Linden	01:02.2
Kerry Radcliffe	Durand	02:32.0
Cheryl Leitch	Oxford	05:43.5
Pam Boots	Oxford	12:26.0
Chris Hollenbeck	Durand	16.89
Maria Arasim	Linden	49.77
Tracy Dorsey, Tammy Handgis, Kelly Lennon, Laura Hulse	Oxford	54.33
Tracy Dorsey, Tammy Handgis, Kelly Lennon, Laura Hulse	Oxford	01:55.0
Stephanie Bennett, Tina Marsh, Dawn DeMaggio, Jennifer Miller	Fenton	04:20.4
Kim Chambers, Bobbi Przybylowicz, Dawn DeMaggio, Jennifer Miller	Fenton	10:17.6
Amy Warner	Linden	4' 10"
Margaret Gatza	Fenton	15' 1"
Jill Kwasneski	Durand	36' 11"
Yolandria Swims	LakeVille	110' 0"
Kelli Hammond	LakeVille	12.73
Tracy Shorland	Oxford	26.74
Tracy Shorland	Oxford	01:01.3
Cari Byrd	Oxford	02:31.1
Laura Bell	LakeVille	05:34.4
Laura Bell	LakeVille	12:11.7
Amy Warner	Linden	15.99
Sharon Simpson	LakeVille	48.91
Pam Eaton, Margaret Gatza, Tracy Hutchings, Connie Johnson	Fenton	52.63
Jennifer Walker, Patti Earnheart, Kara Ferguson, Tracy Shorland	Oxford	01:49.8
Tracy Shorland, Val Kage, Cari Byrd, Colleen Curcio	Oxford	04:11.8
Colleen Curcio, Paula Konczal, Sue Rosseel, Cari Byrd	Oxford	10:17.8
Amy Warner	Linden	5' 6"
Amy Warner	Linden	15' 9.5"
Amy Middleton	Fenton	32' 1.5"
Laura George	Oxford	105' 1"
Kelli Hammond	LakeVille	12.9
Kelli Hammond	LakeVille	26.9
Kelli Hammond	LakeVille	01:00.9
Laura Bell	LakeVille	02:20.8
Laura Bell	LakeVille	05:18.0
Laura Bell	LakeVille	11:41.6
Holly Borella	Holly	16.9

FLINT METRO LEAGUE GIRLS TRACK INDIVIDUAL EVENT CHAMPIONS

Teresa Casacelli	Holly	50.4
Kim Ferguson, Jenny Lewis, Valerie Kage, Tracy Shorland	Oxford	52.9
Kim Ferguson, Jenny Lewis, Valerie Kage, Tracy Shorland	Oxford	01:51.1
Stephanie Crelley, Connie Johnson, Amy Rogers, Heather Bellinger	Fenton	04:20.1
Emily Kaiser, Monica McGrath, Julie Root, Laura Bell	LakeVille	10:19.9
Kara Ferguson	Oxford	5' 2"
Connie Johnson	Fenton	16' .75"
Karri Kuzma	LakeVille	39' 4.5"
Karri Kuzma	LakeVille	97' 9"
Krista Svetcos	L. West	13
Krista Svetcos	L. West	26.4
Krista Svetcos	L. West	01:02.0
Jennifer Fox	L. East	02:24.8
Emily Kaiser	LakeVille	05:41.4
Emily Kaiser	LakeVille	12:11.0
Helen Ekleberry	Durand	16.6
Helen Ekleberry	Durand	49.7
Tracy Fischer, Mary Mikulski, Rachael Curran, Julie Russell	L. East	52.5
Laura Greyerbiehl, Lisa Sanford, Cynthia Smith, Tera McClellan	LakeVille	01:51.3
Liz Champagne, Erin Hagstrom, Leanne Dowdy, Lanie Hall	Linden	04:21.5
Roseanne Courser, Ashlee Peterson, Corinne Schmidt, Jennifer Fox	L. East	10:25.1
Tracy Fox	Fenton	5"2"
Jennifer Fox	L. East	15' 11.5"
Amanda Behrenbrinker	L. East	34' 6.25"
Krystal Casteel	LakeVille	115' 9.5"
Cynthia Smith	LakeVille	13.2
Kari Karhoff	Durand	26.14
Kari Karhoff	Durand	59.95
Erin Hagstrom	Linden	02:27.4
Leah Sembler	Linden	05:38.8
Jackie Bucholz	Holly	12:29.3
Shelly Peariso	LakeVille	16.25
Shelly Peariso	LakeVille	47.84
Kim Cabic, Jennifer Parkhill, Katie Tenbusch, Stephanie Fahy	Oxford	53.16
Peggy Waite, Leslie Hoffman, Katie Zdunic, Kari Karhoff	Durand	01:50.2
Carrie Young, Shelly Maruszak, Diane Thompson, Mindi Lincoln	LakeVille	04:19.0
Stacy Hutchcraft, Lora Sutphin, Shelly Maruszak, Nikki Alexander	LakeVille	10:20.0
Teressha DeRosset	LakeVille	5' 2"
Kari Karhoff	Durand	16' 11"
Jamie Penrod	Oxford	39' 6.5"
Jamie Penrod	Oxford	120' 6.5"
Kari Karhoff	Durand	12.62
Kari Karhoff	Durand	26.66
Kari Karhoff	Durand	59.67
Dru Bishop	Fenton	02:25.1
Christine Freeman	Oxford	05:32.1
Jackie Bucholz	Holly	12:25.3
Teressha DeRosset	LakeVille	15.54
Krysta Thompson	LakeVille	46.3
Cindi Meissner, Kelley Currey, Erin Moore, Andrea Lintz	L. West	52.41

FLINT METRO LEAGUE GIRLS TRACK INDIVIDUAL EVENT CHAMPIONS

Lindsay Hourtinne, Sara Owen, Liz Calkins, Shelly Slater	L. East	01:50.3
Amanda March, Teressha DeRossett, Shelly Maruszak, Krysta Thomsen	LakeVille	04:19.0
Missy Davenport, Shelly Maruszak, Krysta Thomsen, Elena Materi	LakeVille	10:27.4
Teressha DeRosset	LakeVille	5' 2"
Kari Karhoff	Durand	16' 8.5"
Katie Milz	L. East	32' 8.5"
Rhonda Wagner	LakeVille	123' 11.5"
Erin Moore	L. West	12.7
Erin Moore	L. West	26.21
Dru Bishop	Fenton	01:00.4
Dru Bishop	Fenton	02:23.4
Karen LeRoy	Oxford	05:42.9
Becky Keller	Oxford	12:09.6
Lauren Simpson	Linden	16.27
Bonnie Payne	Oxford	49.43
Nicole Tromble, Jennie Miller, Erin Moore, Andrea Lintz	L. West	51.64
Elizabeth Beck, Kelly Fuerstein, Erin Letts, Dru Bishop	Fenton	01:52.9
Erin Kirkland, Shae Newcomb, Erin Letts, Dru Bishop	Fenton	04:15.6
Jamie Burke, Bethany Buzzell, Victoria Wilson, Krista Buzzell	Linden	10:37.7
Lauren Simpson	Linden	5' 0"
Elizabeth Beck	Fenton	16' 7"
Katie Hopkins	LakeVille	8' 0"
Kelly Ghiaciuc	Oxford	34' 8.25"
Angie Goyette	LakeVille	109' 8.5"
Amber Hardenburgh	Holly	13.2
Amber Hardenburgh	Holly	27.7
Caryn Inman	Oxford	01:01.2
Kelly Cichoracki	Oxford	02:29.2
Karen LeRoy	Oxford	05:41.9
Karen LeRoy	Oxford	12:31.5
Lauren Simpson	Linden	16.7
Amber Kier	Holly	47.6
Amber Hardenburgh, Alicia Watkins, Tami Latoni, Tiffany Burt	Holly	52.5
Alicia Watkins, Sarah Beck, Jenny Tschirhart, Amber Kier	Holly	01:50.3
Caryn Inman, Megan McTaggart, Payge Salquist, Karen Leroy	Oxford	04:16.6
Caryn Inman, Megan McTaggart, Payge Salquist, Karen Leroy	Oxford	10:09.7
Jenny Joseph	LakeVille	4' 9"
Amber Hardenburgh	Holly	15' 6"
Katie Hopkins	LakeVille	9' 6"
Emily Sharp	Fenton	37' 7.75"
Morgan Acre	LakeVille	123' 11"
Kate Dolata	Linden	13.2
Kate Dolata	Linden	27.0
Caryn Inman	Oxford	01:01.4
Courtney Morris	Holly	02:32.2
Rachel Gutierrez	Linden	05:31.7
Rachel Gutierrez	Linden	12:19.3
Andrea Hitchcock	Oxford	17.3
Jeanette Warner	Linden	50.8
Renaë Remillard, Faye Corning, Carter, Beardsley	Fenton	53.0

FLINT METRO LEAGUE GIRLS TRACK INDIVIDUAL EVENT CHAMPIONS

Renaë Remillard, Kayla Swanson, Fay Corning, Maggie Tiernan	Fenton	01:52.6
Caryn Inman, Alicia Kraner, Megan McTaggert, Meghan Shoup	Oxford	04:23.6
Courtney Morris, Summer Dombrowski, Katie Hagen, Alisa Gorski	Holly	10:39.0
Jenni Wray	Oxford	4' 9"
Jenni Wray	Oxford	15' 8"
Ashley Ray	Mt. Morris	8' 6"
Emily Sharp	Fenton	38' 10"
Morgan Acre	Lakeville	140' 10"
Krysten Sylva	Oxford	12.6
Deann Kujawa	Oxford	26.8
Melissa Lengyel	Linden	01:03.1
Courtney Morris	Holly	02:28.8
Hannah Stone	L. East	05:14.7
Hannah Stone	L. East	11:38.8
Amy Morrison	Fenton	16.0
Amy Morrison	Fenton	48.9
Renaë Remillard, Brittany Schupbach, Sarah Olszewski, Rachel Carter	Fenton	52.7
Theresa Miner, Krysten Sylva, Ashlee Eller, Deann Kujawa	Oxford	01:50.3
Katie Hennig, Brittany Schupbach, Maggie Tiernan, Kaitlyn Wielichowski	Fenton	04:22.3
Rachel Gutierrez, Skye Gabel, Kayla Duke, Melissa Lengyel	Linden	10:12.3
Isabel Harding	Fenton	4' 8"
Emily Arms	L. West	15' 2.5"
Amy Morrison	Fenton	9' 6"
Kalyn Cookingham	Oxford	33' 9.75"
Sarah Bond	Brandon	107' 5"
Brittany Schupbach	Fenton	12.9
Brittany Schupbach	Fenton	27.1
Hannah George	Oxford	59.5
Hannah Stone	L. East	02:23.7
Hannah Stone	L. East	05:17.7
Kelly Wilson	Brandon	11:48.2
Amy Morrison	Fenton	15.7
Brandi Whiteman	Holly	50.4
Lauren Curtis, Natalie Lukas, Tiara Tatarczuk, Jacqui Sylva	Oxford	52.1
Tiara Tatarczuk, Ashlee Eller, Jacqui Sylva, Hannah George	Oxford	1:48
Paige Onweller, Hannah Stone, Emily Tysick, Nikki Cranick	L. East	04:14.8
Nikki Cranick, Paige Onweller, Lindsey Podolski, Hannah Stone	L. East	10:00.0
Savannah Stedman	Brandon	5' 2"
Angela Jennings	Linden	15' 0"
Amy Morrison	Fenton	10' 9"
Sarah Bond	Brandon	38' 10"
Sarah Bond	Brandon	132' 4"
Angie Brooks	Brandon	12.49
Angie Brooks	Brandon	25.8
Angie Brooks	Brandon	59.32
Meegan Seeley	Oxford	02:27.0
Shannon Seeley	Oxford	05:40.9
Danielle Whitefoot	Holly	12:30.6
Kate Wolanin	Oxford	15.72
Kate Wolanin	Oxford	48.12

FLINT METRO LEAGUE GIRLS TRACK INDIVIDUAL EVENT CHAMPIONS

Jill Brendel, Sarah Privette, Colleen Brendel, Angie Brooks	Brandon	52.21
Jacqui Sylva, Kara Charles, Hannah George, Keeona Ives	Oxford	01:48.3
Kate Wolanin, Megan Seeley, Shannon Seeley, Hannah George	Oxford	04:13.0
Sara Schultz, Cathy Bosard, Breanna Konopitski, Destiny Lukianoff	Holly	10:31.9
Sarah Jones	Brandon	5' 0"
Jackie Coon	Linden	16' 6"
Keona Ives	Oxford	8' 6"
Shaunte Waller	Oxford	37' 2"
Shaunte Waller	Oxford	123' 3"
Jessica Howell	Oxford	12.76
Jessica Howell	Oxford	26.02
Mariah Ridal	Holly	01:00.3
Brittany Johnson	Oxford	02:23.7
Destinee Lukiankoff	Holly	05:23.7
Brooke Kovacic	Oxford	11:48.5
Shae Batten	Kearsley	15.28
Shae Batten	Kearsley	46.15
Tiffany Owens, Kierra Johnson, Colleen Brendel, Danielle Kasper	Brandon	52.65
Shannon Seeley, Megan Seeley, Keeona Ives, Jessica Howell	Oxford	01:48.0
Megan Seeley, Shannon Seeley, Brittany Johnson, Kate Wolanin	Oxford	04:06.7
Shannon Seeley, Ashley Burr, Chelsea Johnson, Brittany Johnson	Oxford	10:01.3
Kate Wolanin	Oxford	5' 2"
Jessica Howell	Oxford	17' 4"
Sarah Hillebrand	Oxford	9'10.25"
Lauren Berlin	Linden	33' 6.25"
Jenna Mitchell	Holly	115'11"
Tiffany Owens	Brandon	12.53
Tiffany Owens	Brandon	26.07
Jayona Dent	Brandon	59.91
Amy Gaylor	L. East	02:26.9
Sydney Elmer	Linden	05:31.2
Sydney Elmer	Linden	11:58.8
Angela Ciaravino	L. East	16.36
Angela Ciaravino	L. East	47.7
Tiffani Owens, Jayona Dent, Madee Pierce, Kierra Johnson	Brandon	49.66
Jayona Dent, Monica Pittiglio, Anna Fochesato, Kierra Johnson	Brandon	01:48.1
Jayona Dent, Anna Fochesato, Paige Harrington, Kelly Hamilton	Brandon	04:11.4
Mariah Ridal, Abby Lewandowski, Tatum Harmon, Melissa Bott	Holly	10:20.3
Anna Fochesato	Brandon	5' 2"
Tiffany Owens	Brandon	16' 7.5"
Rachel Domagalski	Holly	10' 0"
Elizabeth Hawley	Holly	33' 1.25"
Sarah Dewaelsche	Holly	101' 6"
Ellen Sage	Fenton	12.68
Ellen Sage	Fenton	26.33
Ellen Sage	Fenton	1:00.95
Sydney Elmer	Linden	2:28.44
Maggie Schneider	Holly	5:18.67
Savannah Ferrara	Linden	12:10.86
Taylor Rieves	Brandon	15.53

FLINT METRO LEAGUE GIRLS TRACK INDIVIDUAL EVENT CHAMPIONS

Taylor Rieves	Brandon	49.04
Jordanah Martinsen, Miranda Greene, Samantha Greene, Bella Blank	Linden	51.9
Emily Kinser, Ellen Sage, Hannah Sage, Kayla Stiles	Fenton	1:48.45
Emily Bemis, Emily Kinser, Jenna Keiser, Emily Battaglia	Fenton	4:17.48
Emily Bemis, Torrey Christopher, Emily Battaglia, Jenna Keiser	Fenton	10:29.8
Angela Ciaravino	L. East	5' 0"
Kayla Stiles	Fenton	17' 4"
Madison Pierce	Brandon	11' 0"
Alyssa Copley	Holly	38' 0.5"
Emily Alvaredo	Holly	109'10"
Madaline Hall	Fenton	12.83
Madaline Hall	Fenton	26.57
Aver McKay	Kearsley	01:00.0
Jenna Keiser	Fenton	02:28.6
Jessi Lindstrom	Flushing	05:26.4
Jessi Lindstrom	Flushing	12:00.2
Alia Frederick	Linden	16.35
Alia Frederick	Linden	47.06
Randi Janette, Chelsea Cooks, Tricia Pierce, Janelle Kwasiborski	Brandon	52.46
Madaline Hall, Hannah Sage, Cassandra Campbell, Zeinab Torabi	Fenton	01:47.7
Renee Genovesi, Jana Kraysovic, Bella Gocha, Alena Benjamin	Sw. Creek	04:13.1
Lexi Draheim, Shelby Shaughnessy, Ashlynn Chipman, Jessi Lindstrom	Flushing	10:28.0
Alena Benjamin	Sw. Creek	5' 0"
Madaline Hall	Fenton	18' .5"
Tricia Pierce	Brandon	10' 0"
Alicia Satkowiak	Sw. Creek	35' 3"
Morgan Ross	Brandon	100' 8"
Sanaii Walker	Kearsley	12.84
Dorothy Bradshaw	Sw. Creek	27.03
Asia Smith	Flushing	59.73
Brittany Devore	Sw. Creek	2:29.63
Alexa Keiser	Fenton	4:59.67
Alexa Keiser	Fenton	12:01.41
Cassandra Campbell	Fenton	15.37
Cianna Gloster	Sw. Creek	45.47
Ariana Holland, Chianne Gloster, Cianna Gloster, Dorothy Bradshaw	Sw. Creek	51.20
McKenzie Brown, Chianne Gloster, Cianna Gloster, Lily Majestic	Sw. Creek	1:48.62
Izzy Carlyon, Thailya Christensen, Ellie Reynolds, Asia Smith	Flushing	4:10.54
Ellie Reynolds, Lauren Smith, Keeli Lindstrom, Thailya Christensen	Flushing	10:06.22
Brooke Kilyk	Brandon	5' 2"
Molly Hart	Owosso	15' 3.5"
Hanna Chapin	Fenton	10' 0"
Mackenzie Ramey	Kearsley	39' 0"
Morgan Ross	Brandon	104' 4"